

AFRICAN TURQUOISE

SELF-GROWTH • OPTIMISM • AWAKENING

African Turquoise is a stone of self-growth and transformation. It gives one the courage and strength to follow their heart's desires. It opens the mind to new ideas and possibilities, and renews one's spirit, energy, and zest for life. African Turquoise activates the third eye chakra, helping one connect and receive guidance from their higher self. It is a stone that awakens the soul to its intended purpose and encourages one to let go of fear and limiting beliefs. African Turquoise is also said to ease mood swings and soothe feelings of frustration.

CHAKRAS: THIRD EYE

A close-up photograph of an agate stone, showing its characteristic concentric, wavy bands of various shades of brown, tan, and cream. The texture is smooth but the patterns are intricate and layered.

AGATE

STABILITY • CONCENTRATION • PEACE

Agate has a soothing and calming energy. It works slowly, but brings great strength. It provides emotional and energetic support, making it beneficial to work with during times of stress. It is a stone of courage, strength, and determination, and gently facilitates self-acceptance. It cleanses and stabilizes the aura, and protects one from negative energy and influences. Agate creates a sense of inner peace, security, and stability, and heals issues of resentment. It is also effective for enhancing mental functioning, and greatly improves concentration, memory, and analytical abilities.

CHAKRAS: ROOT, SACRAL

AMBER

HEALING • OPTIMISM • GROUNDING

Amber is a powerful healer of the body, mind, and spirit. It is recommended to be worn by anyone recovering from an illness or injury of any kind. It helps one see the path to recovery, and gives them the courage, inner strength, and confidence to follow it. Amber is said to absorb pain and negative energy, and transmute it into positive forces that stimulate the body to heal itself. It promotes a positive mental attitude and helps alleviate feelings of depression and worthlessness. Amber encourages creative self-expression, stimulates the intellect, and brings great wisdom.

CHAKRAS: SOLAR PLEXUS

AMETRINE

STRENGTH • PERSEVERANCE • FOCUS

Ametrine is a unique combination of the uplifting energies of Citrine, and the high spirituality of Amethyst. Its high vibrations help to elevate the conscious mind. It removes energy blockages that are preventing one from achieving their highest potential in life. Ametrine imparts an energy of perseverance and strength, helping one stay focused on achieving their goals. It is effective in banishing self-doubt, insecurity, and fear. Working consistently with Ametrine can assist in overcoming self-sabotaging behaviors, such as procrastination, substance abuse, and overeating.

CHAKRAS: SOLAR PLEXUS, CROWN, THIRD EYE



AMMONITE

ALIGNMENT • PROTECTION • INSIGHT

Ammonite is an ancient fossil that has been in existence for millions of years. Its unusual spiral shape represents continual evolution. It is said to promote prophetic dreams and hold the ancient knowledge of the Earth. It gently guides one into alignment with their life path and is a powerful ally for anyone starting a new endeavor in their life, whether it be business, personal, or spiritual. It is very grounding, and helps one create structure and order in their life. Ammonite is also said to be effective in past-life recall and contacting spirit guides.

CHAKRAS: THIRD EYE

ANGELITE

INTUITION • SPIRITUAL AWARENESS • DREAMING

Angelite is one of the most powerful stones to facilitate contact with angels and spirit guides. It enhances telepathic communication, channeling, mediumship, clairvoyance, and psychic healing. Angelite's gentle and calming vibration can help soothe overwhelming emotions, allowing one to reach a deep state of tranquility, inner peace, and serenity. It enhances spiritual awareness and helps one connect with their higher self. Angelite is also said to promote lucid dreaming, and improve one's ability to recall and interpret the guidance and symbolic meaning of their dreams.

CHAKRAS: THROAT, THIRD EYE, CROWN

APACHE TEARS

CLEANSING • PROTECTION • GROUNDING

Apache Tears is a highly protective and grounding stone. It raises our level of awareness so that we are able to easily sense threatening people, situations, or energies around us. Its soft, gentle vibration can be used to cleanse old wounds and heal past pain. It releases negative emotions and assists us in forgiving others. Apache Tears is said to be one of the most effective stones to overcome feelings of depression, heartache, grief, and trauma. It helps one gently release and accept their pain, and begin the process of deep emotional healing.

CHAKRAS: ROOT, HEART

The background of the top section is a close-up photograph of several translucent, light-colored Apophyllite crystals. The crystals have various shapes, some appearing as sharp prisms and others as more rounded, irregular fragments. They are set against a slightly darker, textured background, possibly more crystals or a surface.

APOPHYLLITE

PSYCHIC ABILITIES • INNER VISION • DREAMING

Apophyllite is a very high vibrational stone that helps one connect with their angels and spirit guides with ease. It deeply stimulates the third eye chakra and expands one's consciousness. It promotes lucid dreaming and astral travel, and enhances psychic abilities. Apophyllite helps one process spiritual information and better interpret the messages they receive in their dreams and during meditation. It is recommended to wear or carry a grounding stone when first using Apophyllite as its vibration may be too powerful, particularly for those who are new to the energies of crystals.

CHAKRAS: CROWN, THIRD EYE



ARAGONITE

STABILITY • CONCENTRATION • PATIENCE

Aragonite is highly attuned to the Earth Goddess. It encourages one to live a more conscious and sustainable life, and respect the Earth's precious resources. Aragonite's calming and centering energies help one prepare for meditation by raising vibrations to a high spiritual level. It promotes focus and concentration, making it a beneficial stone for students. Aragonite provides one with strength, stability, and support during times of emotional stress. It is also an effective aid for those who feel overwhelmed in life as it promotes patience, self-acceptance, and inner peace.

CHAKRAS: ALL



ASTROPHYLLITE

SELF-REFLECTION • DISCOVERY • ALIGNMENT

Astrophyllite is a unique and rare stone that has powerful transformation properties. It can help one become more aligned with their true purpose in life. Through deep meditation with Astrophyllite, one is able to take their spiritual journey to new heights. It infuses the entire being with light, illuminating one's true self. Astrophyllite helps overcome self-sabotaging behaviors that are preventing one from moving forward in life. It promotes self-love and compassion, helping one let go of their past and any associated guilt.

CHAKRAS: ALL

The top half of the image features a close-up of a green stone with a cracked, marbled texture and small purple inclusions. The word "ATLANTISITE" is centered in large, white, sans-serif capital letters.

ATLANTISITE

SPIRITUALITY • COMPASSION • WISDOM

Atlantisite is a unique stone that combines the earthly powers of Serpentine, with the loving and compassionate energies of Stichtite. It clears the chakras, allows kundalini energy to flow freely, and teaches wisdom beyond conscious perception. Atlantisite soothes the emotional body, releases fear of change and hardship, and helps one look toward the future with hope and optimism. It promotes compassion, cooperation, and forgiveness. Meditating with Atlantisite is said to help one access knowledge and wisdom from past lives.

CHAKRAS: ALL



AURALITE-23

CALMING • CLARITY • BALANCE

Auralite-23 is a rare and relatively new crystal that was discovered in Canada. It contains 23 different minerals and has a very soothing vibration. It helps control anger and frustration, and encourages one to think before they speak. It promotes mental clarity, and is a powerful crystal to balance and align all the chakras. Auralite-23 relaxes the physical body and calms the mind, making it a very effective stone to meditate with. It is used to treat a range of chronic conditions, including insomnia, migraine headaches, and problems associated with the circulatory system.

CHAKRAS: ALL

AXINITE

ENDURANCE • GROUNDING • VITALITY

Axinite is a very grounding and protective stone, both physically and spiritually. It carries the ability to bring the energies of the earth star chakra up through the feet and into the body. Axinite harmonizes emotions and is a powerful aid to one's endurance. It is recommended for anyone who works in an occupation requiring long hours. It promotes self-growth, and helps one navigate challenging circumstances and move forward with ease. Spiritually, Axinite can assist one in entering a deep meditative state, and facilitates access to the subconscious and superconscious realms.

CHAKRAS: ROOT, THIRD EYE

AZURITE

INTUITION • VISION • INSIGHT

Azurite powerfully stimulates the third eye chakra. It is a stone of inner vision, and guides psychic and intuitive development. Azurite can strengthen the astral and etheric bodies, making one less vulnerable to psychic attack or attachments. It is a protective stone that enables journeys out of the body to take place easily and safely. Azurite raises consciousness to a higher level and gives one greater control over spiritual unfoldment. It stimulates intellect as well as intuition, and can aid the assimilation and retention of new information and ideas.

CHAKRAS: THIRD EYE

BLACK AGATE

GROUNDING • PROTECTION • PROSPERITY

Black Agate is a strong grounding stone that assists in bringing about emotional, physical, and mental balance. It harmonizes yin and yang energies, and brings mental clarity to all situations. Black Agate helps one get in touch with their inner self, and transmutes dark emotions such as jealousy, resentment, and anger into positive emotions such as self-acceptance and forgiveness. It connects the spiritual and physical planes together to ground one in reality. Black Agate is also said to bring prosperity, courage, security, and good health.

CHAKRAS: ROOT

BLACK KYANITE

INTUITION • EMPATHY • SELF-DISCOVERY

Black Kyanite is a powerful tool for self-discovery and aligning one with their life purpose. It helps one search deep within themselves to understand their truest desires, hopes, and dreams. Black Kyanite reveals hidden talents and clears the way towards one's destined path. It brings mental clarity and awareness by opening the mind to receiving Divine messages, making it a great conduit to reach high levels of consciousness. Black Kyanite is also said to aid one in becoming more empathetic and experience a deeper understanding of other people's feelings.

CHAKRAS: ALL



BLACK AMETHYST

INTUITION • PROTECTION • MIGRAINE RELIEF

Black Amethyst is a darker natural version of Amethyst due to its inclusions of Hematite and high iron content found inside its crystalline matrix. It is an extremely powerful protective stone, and creates a protective shield around the physical body and aura. Black Amethyst helps to guard against negative energy and psychic attacks. It enhances intuition and clairvoyant abilities, helping one to tap into their higher self to facilitate a better connection with the Divine Source. Black Amethyst is also said to be the most effective stone to relieve the pain of migraine headaches.

CHAKRAS: THIRD EYE, CROWN, ROOT

A close-up photograph of a blue agate stone, showing its characteristic concentric, wavy bands of various shades of blue, from light turquoise to deep cerulean. The texture is smooth and polished.

BLUE AGATE

RELAXATION • SPIRITUAL GROWTH • COMMUNICATION

Blue Agate lifts one's spirit with its positive and supportive vibrations. It is a calming and soothing stone that harmonizes yin and yang energy, and raises one's consciousness and awareness. Blue Agate gently facilitates self-acceptance and builds self-confidence. It encourages quiet contemplation and assimilation of life experiences, leading to spiritual growth and inner stability. Blue Agate opens the throat chakra, promoting clear and calm communication with others. It allows one to speak their truth and brings great strength.

CHAKRAS: THROAT



BLUE CHALCEDONY

CALMNESS • CREATIVITY • INNER KNOWLEDGE

Blue Chalcedony restores calmness and balance, and helps one to look toward the future with optimism and enthusiasm. It enhances creativity and imagination, and opens the mind to assimilate new ideas. Because it is a strong representative of the Blue Ray, Blue Chalcedony affects the mind on many levels. It stimulates telepathy and all types of communication with the invisible realms. It also gives one the courage to communicate their true thoughts and feelings with others. Physically, it improves the immune system, heals the lungs, and lowers blood pressure.

CHAKRAS: THROAT, THIRD EYE



BLUE ONYX

OPTIMISM • STRENGTH • STABILITY

Blue Onyx is a stone that provides one with strength and courage, and is particularly beneficial for people who are always under extreme physical, emotional, or mental stress. It brings balance to the body and mind, and helps one stabilize and focus their attention. Blue Onyx improves motivation and persistence, and aids in eliminating distractions and bad habits. It alleviates fears and self-doubt that can hold one back from pursuing their dreams and desires. Blue Onyx enhances self-confidence and helps one make wise choices.

CHAKRAS: THROAT, THIRD EYE

BLUE OPAL

COMMUNICATION • CONFIDENCE • PROTECTION

Blue Opal is a stone of communication, allowing one to speak their mind without fear or doubt. It can improve self-confidence and help one attract like-minded people into their life. Blue Opal radiates a soothing and calming energy that will help eliminate tension from the entire body and clarify one's thoughts. It is used in the energy field to stimulate the balance of the mind and to harmonize both hemispheres of the brain. Working with Blue Opal can allow one to become more open-minded as it stimulates logic and expands consciousness.

CHAKRAS: THIRD EYE, THROAT

BLUE SAPPHIRE

PSYCHIC ABILITY • DISCIPLINE • AWARENESS

Blue Sapphire is a stone of mental and psychic activation. It is believed to help one see below surface appearances to the underlying truth and to speak clearly with the voice of inner wisdom. Associated with the planet Saturn, Blue Sapphire is a crystal of order, structure, and limitation. It is a highly effective crystal for organizing ideas and perceptions, and bringing them into form. Blue Sapphire is helpful in matters of self-discipline, whether routine daily tasks or actions requiring extreme focus. It is also said to aid insomnia, relieve tension headaches, and heal the thyroid gland.

CHAKRAS: THIRD EYE, THROAT

BLUE SELENITE

MENTAL CLARITY • CALMNESS • PEACE

Blue Selenite has a calm, gentle, and protective energy. Placing Blue Selenite on the third eye during meditation helps to quiet the mind and relax the entire body. It allows one to connect to the angelic realm and can be used to strengthen the connection with our higher selves. Blue Selenite clears confusion, enhances mental clarity, and cleanses the mind, body, and spirit of negativity. It expands self-awareness and is said to improve concentration and memory. Blue Selenite is also a very protective stone that guards a person or space from negative external influences.

CHAKRAS: THIRD EYE, CROWN, ETHERIC

BRONZITE

PEACE • HARMONY • STRESS RELIEF

Bronzite is known as the 'Stone of Courtesy' as its frequency is believed to encourage a gentle and polite nature in people. This makes it a very effective stone for those who assist the public daily, helping them remain calm during stressful situations. Bronzite is a stone of action and is helpful in overcoming procrastination by bringing drive, focus, determination, and control back into one's life. Physically, Bronzite calms the nervous system and is beneficial for treating anxiety. It is said to be a wonderful muscle relaxant, helping to release built-up tension.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS



CACOXENITE

SPIRITUAL GROWTH • HEALING • CONNECTION TO SPIRIT

Cacoxenite is known as the 'Stone of Ascension' and is believed to raise one's vibration to a higher level, promoting spiritual growth and direct contact with angelic guides. It is a powerful crystal for the third eye and crown chakras, allowing inner visionary experiences and connection to Spirit. Cacoxenite is said to have protective qualities that work in the body right down to the cellular level. It aids one in releasing relationships that do not serve their highest purpose in life, and enables one to receive the spiritual guidance needed to move forward and heal.

CHAKRAS: THIRD EYE, CROWN

CHALCEDONY

HEALING • EMOTIONAL BALANCE • NURTURING

Chalcedony is a nurturing stone that promotes emotional balance, stability, and inner peace. It alleviates negative thoughts and emotions, and transforms them into feelings of joy and happiness. It encourages one to develop an enthusiastic worldview, and it promotes feelings of generosity, unity, compassion, and kindness towards others. Chalcedony brings the mind, body, and spirit into harmony. It is a powerful physical healing stone and is said to be effective in healing issues of the circulatory system, bones, and eyes. It also aids in the absorption of minerals and combats fatigue.

CHAKRAS: SACRAL, SOLAR PLEXUS



CHALCOPYRITE

TRANSFORMATION • ATTUNEMENT • AWARENESS

Chalcopyrite is a powerful stone that activates and aligns all the chakras. It has long been used by shamans and reiki professionals to remove energy blockages within each chakra. Chalcopyrite offers transformative energies that assist one in changing their habits, routines, and lifestyle. Working with Chalcopyrite can aid one in finding their path in life, making it ideal for anyone feeling stuck in the same daily motions and looking for a sudden change. Chalcopyrite is associated with opportunities and new beginnings. It is an excellent aid to increase self-esteem, and banish fears and doubts.

CHAKRAS: ALL



CHRYSANTHEMUM

NURTURING • SELF-GROWTH • ENLIGHTENMENT

Chrysanthemum is a unique stone that helps one discover their true purpose in life. It is beneficial for anyone who feels lost in life, giving them the courage, wisdom, and inner strength to move towards a path of total self-transformation. Chrysanthemum promotes self-awareness and clarity, and puts one in touch with their true inner feelings. It can help in overcoming limiting beliefs and gives one confidence in their own abilities. It cleanses and aligns all of the chakras, and eliminates negative thought patterns and behaviors.

CHAKRAS: ALL



CHRYSOPRASE

INNER PEACE • COMPASSION • FORGIVENESS

Chrysoprase is a rare stone of the pure Green Ray. It is a powerful healer of the heart, and helps to activate and open one's heart chakra. Wearing Chrysoprase can facilitate a deep connection with the spirit of the Earth. It helps one keep their heart centered, giving them the courage to face challenging situations with both compassion and forgiveness. Chrysoprase is a stone of fidelity in both business and personal relationships. It helps one heal from codependency by bringing a sense of security, promoting independence, and aiding the acceptance of oneself and others.

CHAKRAS: HEART, SOLAR PLEXUS

COFFEE MOONSTONE

INTUITION • EMOTIONAL STABILITY • DIVINE FEMININE

Coffee Moonstone is a unique and rare type of Moonstone crystal. It possesses the same metaphysical properties as Moonstone, but with more of an emphasis on emotional healing and balance. Psychologically, Coffee Moonstone calms overreactions to situations. It is filled with receptive, feminine energy and soothes emotional instability. Coffee Moonstone promotes intuition and empathy. It is also said to enhance psychic abilities and develop clairvoyance. Coffee Moonstone is beneficial to facilitate lucid dreaming, particularly around the time of the full moon.

CHAKRAS: HEART, THIRD EYE, CROWN

CRYOLITE

AWARENESS • DIVINE PURPOSE • SPIRITUAL GROWTH

Cryolite resonates with all the chakras, particularly the third eye. It promotes deep spiritual growth and is a powerful stone for awakening and enlightenment. Cryolite facilitates inner vision and is said to enhance contact with angels and spirit guides. It stimulates lucid dreaming, prophetic visions, and astral projection. As one begins to connect and understand the messages coming from their angels and guides, they can directly apply it to their life. It aligns one with their spiritual truth, helping to dispel thoughts and belief systems that are no longer serving them.

CHAKRAS: ALL



DESERT ROSE

BALANCE • MENTAL CLARITY • PURIFICATION

Desert Rose is a unique and natural crystal formed from a combination of water, sand, and wind. It brings mental clarity by helping to rid the mind of fear, confusion, doubt, and other distractions. By neutralizing that energy, one is able to receive guidance from their intuition with ease. Desert Rose helps one remain grounded and balanced during meditation, allowing one to connect with their higher self and reach a deep meditative state. Desert Rose is also considered a lucky stone as it combines the powers of Father Sky and Mother Earth, bringing abundance and success to the wearer.

CHAKRAS: ALL



DIOPTASE

FORGIVENESS • COMPASSION • PROSPERITY

Diopside is one of the purest stones of the Green Ray, with a strong vibration that encourages self-love and compassion. It opens our eyes to recognize repetitive karmic patterns, helping us release our attachment to them and move forward with renewed energy. Diopside can help one relinquish grief, trauma, and resentment. It awakens the spiritual heart through its high-frequency vibrational pattern. Through this channel, Diopside stimulates forgiveness and the healing of old inner wounds. It is also said to be an effective stone for attracting wealth and prosperity.

CHAKRAS: HEART



ELITE SHUNGITE

PURIFICATION • PROTECTION • DETOXIFICATION

Elite Shungite is the rarest form of Shungite and accounts for approximately 1% of all Shungite found in the world. It contains a much higher carbon content than regular Shungite. Elite Shungite is often referred to as the 'Stone of Life' due to its healing and antibacterial properties. It has a strong connection to the Earth, making it an essential stone for spiritual grounding. Elite Shungite removes toxins from the body and supports the immune system. It offers protection against outside forces, particularly the harmful effects of EMFs and radiation from electronic devices.

CHAKRAS: ROOT

EMERALD

PATIENCE • LOVE • ABUNDANCE

Emerald is known as the 'Stone of Successful Love'. Stimulating the heart chakra, Emerald encourages one to live and act from the heart, offering unconditional love, patience, and compassion towards oneself and others. It opens the heart to receiving love from others and clears the channel for one's connection with Divine Love. Emerald can help heal heartache and promote friendship. Wearing Emerald is also said to help attune one's vibrational pattern to the spectrum of abundance and prosperity, enabling one to attract what they desire in life.

CHAKRAS: HEART

ENHYDRO QUARTZ

HEALING • CLARITY • CLEANSING

Enhydro Quartz is a unique crystal with small inclusions of water inside. It promotes optimism, serenity, and inner peace. It helps one 'flow like water' and adapt to life changes with ease. Working with Enhydro Quartz encourages openness to new opportunities and inspires one to take action. It cleanses and balances all the chakras, and is an excellent stone for removing built-up toxins in the body. It helps bring the body to a healthy state and promotes physical, mental, and spiritual healing. Enhydro Quartz calms the mind, making it an effective stone to use during meditation.

CHAKRAS: ALL



EUDIALYTE

STRENGTH • SELF-LOVE • GROUNDING

Eudialyte is an uplifting and energizing stone. It enhances feelings of love towards oneself and others. It aids in healing matters of the heart and encourages one to let go of past hurt in order to move forward in life. Eudialyte is said to have a strong ability to cause coincidence or synchronicity in life, and enables one to see why certain things have occurred in the past. It has a gentle vibration that supports one in pursuing their true inner calling. Eudialyte stimulates creativity and encourages one to use their unique talents to the best of their ability.

CHAKRAS: HEART, ROOT

FIRE OPAL

CREATIVITY • PASSION • STRENGTH

Fire Opal is a stone of passion, abundance, and creative energy. Connected to the Fire element, Fire Opal is an energy amplifier that enhances determination, vitality, and enthusiasm. It is an excellent stone to use when starting a new business venture as it is believed to draw money to the business and encourage progress. Fire Opal promotes positive and healthy romantic relationships and improves the intimate connection between couples. It is also said to be beneficial to assist in balancing hormones and promoting fertility.

CHAKRAS: SOLAR PLEXUS



FLUORITE

PROTECTION • CLARITY • STRUCTURE

Fluorite is a highly protective and stabilizing stone that cleanses the mind, body, and spirit. It aids decision-making and promotes mental clarity, making it beneficial for those who are indecisive or have trouble organizing their thoughts. Fluorite helps one stay in the present moment, and releases negative thought patterns and behaviors. It encourages one to incorporate structure and routine into their daily lives. It is one of the most effective stones for promoting deep concentration, improving memory, and enhancing the creative flow of ideas.

CHAKRAS: HEART, THROAT, THIRD EYE

FUCHSITE

REGENERATION • SELF-WORTH • RESILIENCE

Fuchsite links the intellect of the mind with the intelligence of the heart. It teaches true self-worth, and assists in issues of servitude and martyrdom. It guides one to only do what is necessary for someone else's soul growth. Fuchsite helps to overcome codependency issues, and promotes healing from emotional and physical trauma. It amplifies the effects of other crystals and facilitates their energy transfer. Fuchsite is also said to help one channel information regarding herbal treatment, holistic remedies, and other health matters with ease.

CHAKRAS: HEART



GARDEN QUARTZ

JOURNEYING • HEALING • MANIFESTATION

Garden Quartz is known as the 'Shaman Stone'. It is said to be a powerful journeying stone on all levels; cosmic, soul, and personal. Garden Quartz has a very soothing vibration that enhances one's connection with higher beings, particularly spirit guides and animal guides. It allows one to heal and release past issues and trauma. By doing so, it will allow one to progress forward on their own path unimpeded by those blockages. It is particularly beneficial for anyone who has experienced early childhood traumas that are causing them to hold fear and stress.

CHAKRAS: CROWN

GOLDEN OBSIDIAN

PROSPERITY • MANIFESTATION • PROTECTION

Golden Obsidian is a stone of personal power. It helps one find a sense of direction in their life that aligns with Divine will. It enables one to identify and gently erase the thoughts, habits, and behaviors that are preventing them from achieving their goals in life. It encourages one to actively make positive changes in all areas of their life. It also helps us discover our hidden talents and abilities, and start to use them to the best of our ability. It is a powerful stone for manifesting and attracting wealth and prosperity. It is also said to be effective for crystal ball scrying.

CHAKRAS: ROOT, SOLAR PLEXUS

GOLDEN TOPAZ

MANIFESTATION • CREATIVITY • WILLPOWER

Golden Topaz enhances personal will and the ability to manifest one's desires. It is a powerful stone for creating abundance and helps one guide their desires into alignment with Divine Will. Golden Topaz improves creativity and imagination, and helps one take action towards their goals. It boosts energy levels, and aids in relieving stress and anxiety. Golden Topaz strengthens faith and optimism, and assists one in recognizing their own abilities. It is often symbolized as a stone of determination, courage, and good luck.

CHAKRAS: SOLAR PLEXUS, SACRAL, HEART



GRAPE AGATE

INTUITION • INSIGHT • LUCID DREAMING

Grape Agate is a relatively new stone that was discovered in Indonesia. It helps to awaken one's psychic gifts and has a strong connection to Goddess energy. It is a powerful dreaming stone, and sleeping with Grape Agate can promote lucid dreaming, as well as aid dream recall and interpretation. The vividness of dreams is often enhanced when using this stone. It is protective against psychic attacks and negative energy. It promotes feelings of safety, security, and inner peace. It enhances intuition, and promotes harmony and emotional stability.

CHAKRAS: CROWN, THIRD EYE, ETHERIC



HERKIMER DIAMOND

ATTUNEMENT • DREAMING • PSYCHIC VISIONS

Herkimer Diamonds are very unique and rare crystals. They are often called 'Attunement Stones' as they are useful in attuning one with others, their surroundings, and new energies. Herkimer Diamonds help to clear the mind and body of unconscious fears and repressions, allowing for complete relaxation, peacefulness, and expansion of life energy. Associated with the third eye chakra, Herkimer Diamonds are said to provide one with visions and an increase in psychic experiences. It is also said to be one of the most effective crystals to stimulate lucid dreaming.

CHAKRAS: CROWN, THIRD EYE, ETHERIC

A close-up photograph of an Indian Agate crystal, showing its characteristic concentric, wavy bands of various colors including shades of blue, green, brown, and white. The texture is smooth and polished.

INDIAN AGATE

OPTIMISM • HEALING • GRATITUDE

Indian Agate is known as the 'Stone of Eternity' as it brings comfort to the idea of growing old. It helps one develop feelings of gratitude for all that is and will be. Indian Agate promotes enthusiasm and an optimistic outlook on life. It is said to provide one with physical strength, emotional security, and protection. Its vibrations transmit serenity and patience, helping to decrease stress and promote peace and tranquility. Indian Agate is said to ward off bad luck, psychic attacks, and misfortune, making it a highly protective crystal.

CHAKRAS: SACRAL

KUNZITE

SPIRITUALITY • MEDITATION • SELF-EXPRESSION

Kunzite is an extremely spiritual stone with a high vibration. It awakens the heart chakra, producing loving thoughts and communication. It radiates peace and connects one to universal love. Working with Kunzite can enable one to enter a deep and centered meditative state, and is a particularly beneficial stone for those who find it difficult to enter a meditative state. Psychologically, Kunzite encourages self-expression and allows free expression of feelings. It is said to be a useful healer for people who had to grow up too fast, bringing back lost trust and innocence.

CHAKRAS: HEART

LAVA ROCK

GROUNDING • COURAGE • TRANSFORMATION

Lava Rock is one of the oldest stones in existence, and is created from the raw energies of fire and earth erupting under intense pressure. Volcanoes are considered a symbolic sign of creation, making Lava Rock a powerful stone of rebirth, new beginnings, and transformation. Working with Lava Rock inspires one to take action to let go of any negative emotions and unhealthy attachments. Due to its strong connection with Mother Earth, it is a very effective grounding stone and allows one to stay in the present moment. It is also said to promote fertility and restore hormonal balance.

CHAKRAS: ROOT



LEMURIAN QUARTZ

CLARITY • WISDOM • HEALING

Lemurian Quartz is a unique type of Clear Quartz. It was planted in the ground millions of years ago by the Lemurians for their knowledge and wisdom to be uncovered when future generations needed it. Lemurian Quartz embodies the Divine Feminine energy, and helps one awaken their spirit and unlock their deeper knowing. It is a powerful healing stone and can assist in removing all types of energy blockages and replacing them with a sense of clarity. Lemurian Quartz facilitates the amplification of other crystal energies and aids one in communicating with angel guides.

CHAKRAS: CROWN, THIRD EYE



MADAGASCAR ROSE

SOOTHING • LOVE • HEALING

Madagascar Rose has a beautiful pink hue and symbolizes love, femininity, and inner peace. It is a stone of superior quality and is difficult to locate and mine, making it a rare and highly sought-after stone. Madagascar Rose has a gentle, soothing vibration that heals the heart from pain or trauma. It promotes self-love and encourages one to share their gifts for the highest good of all. Madagascar Rose enhances feelings of compassion, trust, and forgiveness towards others. It promotes harmony in relationships and helps one develop closer bonds with loved ones.

CHAKRAS: HEART



MAGNESITE

CALMNESS • VISUALIZATION • CLARITY

Magnesite brings a deep sense of peace, calmness, and relaxation during meditation. Placing Magnesite on the third eye chakra enhances creative visualization and imagination. It is a powerful stone to use in the process of self-reflection. Magnesite can be a beneficial support for those who wish to perform inner work, contact spirit guides, and access higher states of consciousness. It promotes mental clarity and focus, helping one direct their intentions. Magnesite promotes unconditional love, balances the emotions, and aids one in healing from codependency issues.

CHAKRAS: THIRD EYE, CROWN



MALIGANO JASPER

TRANSFORMATION • WISDOM • GROUNDING

Maligano Jasper is a relatively new stone that was discovered in Indonesia. It has a soothing and calming energy, and is said to promote wisdom, understanding, and courage. It is a deeply nurturing and grounding stone with a strong connection to Mother Earth. Maligano Jasper enhances creativity and imagination, and helps one attract abundance in all areas of life. Maligano Jasper promotes endurance and willpower, helping one achieve all their dreams and desires. It is also said to promote open-mindedness, allowing one to consider new possibilities and perceptions.

CHAKRAS: ALL

MOLDAVITE

GROWTH • SPIRITUAL EVOLUTION • TRANSFORMATION

Moldavite is a stone of self-transformation and carries a very intense frequency. Its vibrations are quickly felt, often dramatically by those who resonate with its power. Moldavite is said to attract all that relates to one's personal and spiritual evolution. This can include changes in relationships, friendships, lifestyle, and career. One may also experience inner awakenings and visions of their true purpose when working with Moldavite. It is recommended that a strong grounding stone, such as Black Tourmaline or Smoky Quartz, is worn when first starting to use this stone.

CHAKRAS: ALL



MONTANA AGATE

MATURITY • INNER STABILITY • EMOTIONAL HEALING

Montana Agate is a powerful grounding stone that enhances one's connection to the Earth. It balances yin and yang energies, and promotes a sense of well-being, maturity, and composure. Montana Agate dispels fear, resentment, and anger as it brings stability and grounding to the emotional body. It improves stamina and physical strength, and is said to aid one in recovering from illnesses, injuries, or addictions. Montana Agate enhances relationships with others, attracts new friendships, and inspires self-confidence.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS

MORGANITE

DIVINE LOVE • ROMANCE • PEACE

Morganite is the stone of Divine Love and romance, allowing one to feel infinite love for themselves and others. It is an excellent stone for those who wish to attract more love into their life. Morganite is effective in creating deeper levels of connection in existing relationships. It releases old pain and emotional attachments, healing one from past trauma, heartache, and loss. It has a calming effect that helps one embrace the beauty and joy of life. It opens the heart chakra to receive messages and wisdom from angels, guardians, and spirit guides.

CHAKRAS: HEART

NUUMMITE

HEALING • SELF-DISCOVERY • INTUITION

Nuummite is one of the oldest stones in existence today. It enhances intuition and clairvoyance, and enables one to become more attuned with the Earth's energies that surround them. It is highly protective and is said to be an effective stone for shamanic journeying. Nuummite helps one release energies trapped in the subconscious, particularly from childhood, allowing one to move on with their life. It brings the gift of inner power, healing, and self-mastery, and gives one the courage and determination to do what is necessary to be healed.

CHAKRAS: THIRD EYE, SOLAR PLEXUS, ROOT



OPAL

LOVE • AMPLIFICATION • PASSION

Opal is a stone of love and passion. It enhances loyalty, spontaneity, and commitment in romantic relationships. It is a powerful amplifier of our traits, and brings both positive and negative characteristics of our true self to the surface. Opal helps one identify and release any negative traits, thoughts, and emotions, and begin the journey of self-healing and transformation. It helps one discover their true purpose in life, and enhances creativity and imagination. Opal is also a stone that has long been used in spiritual journeying, and facilitates psychic and mystical visions.

CHAKRAS: ALL

A close-up photograph of several orange calcite crystals. The crystals are translucent with varying shades of orange, from light peach to deep, saturated orange and red. They have sharp, angular facets and some visible internal fractures or inclusions. The lighting creates highlights and shadows, emphasizing their three-dimensional structure.

ORANGE CALCITE

REVITALIZATION • CREATIVITY • JOY

Orange Calcite promotes the expression of creativity, and can provide one with insights and strategies for dealing with long-standing problems, delayed projects, and creative blocks. It carries a solar energy that encourages one to pursue new endeavors, and break out of old patterns and behaviors. Orange Calcite is said to be highly effective in healing emotional issues related to wounds to one's creativity, will, or sexuality. It can assist one in overcoming feelings of depression, lethargy, or inactivity. It also encourages one to be self-confident, playful, and joyous.

CHAKRAS: SOLAR PLEXUS



ORGONITE

HARMONY • BALANCE • PROTECTION

Orgonite is a substance made of resin, metals, and quartz that balances and harmonizes bio-energy, otherwise known as Orgone. It functions as a self-driven, continuously operating, highly efficient energy transmutation device. It draws in negative energy and transmutes it into positive energy. Orgonite has been shown to protect against the harmful effects of EMFs and other disturbances, and can help balance the energy of a home or office space. Although crystals improve the function of Orgonite, they are not necessary for the Orgonite to work.

CHAKRAS: ALL

PALO SANTO

CLEANSING • HEALING • PURIFICATION

Palo Santo has powerful energizing and healing properties. It has traditionally been used to purify spaces, people, and objects. Palo Santo clears and dispels negative energy and evil spirits. It is also said to be highly effective in soothing cold and flu symptoms, as well as decreasing joint pain and inflammation. Palo Santo triggers the olfactory system in the brain which promotes feelings of relaxation, calmness, and peace. This makes Palo Santo an effective aid for anxiety, insomnia, and stress. It is also said to enhance creative flow and help prepare the mind for meditation.

CHAKRAS: CAN CLEANSE ALL CHAKRAS



PERIDOT

ABUNDANCE • RENEWAL • CLEANSING

Peridot is a stone of financial and spiritual abundance. It is a powerful cleanser, and brings an inner sense of warmth and well-being. Peridot alleviates feelings of low self-esteem, regret, or guilt. It teaches one that holding on to people or the past is counterproductive. Peridot enables one to detach themselves from negative outside influences and to look to their own higher energies for guidance. It improves qualities of compassion and generosity, and helps one in finding their true purpose in life. Peridot can also help one connect with nature on a more deeper level.

CHAKRAS: SOLAR PLEXUS, HEART

PHOSPHOSIDERITE

INNER PEACE • MEDITATION • SLEEP

Phosphosiderite has a gentle vibration that aids one during times of stress. It has a calming, peaceful, and nurturing energy that helps one remain focused on their spiritual path. Phosphosiderite resonates with the third eye and heart chakras, and encourages one to open their heart to giving and receiving love. It is a wonderful stone to use in meditation, and it enhances one's communication with spirit guides and angels. Phosphosiderite is said to relieve insomnia, alleviate upper respiratory infections, and help ease thyroid issues.

CHAKRAS: THIRD EYE, HEART

PICASSO JASPER

CREATIVITY • HEALING • CONFIDENCE

Picasso Jasper has an uplifting and positive energy that promotes self-transformation. It encourages one to develop their creative talents and move out of their comfort zone. Picasso Jasper is a grounding stone that increases willpower and self-discipline. It heals feelings of guilt and shame, especially those related to sexuality. It promotes feelings of safety and security, and helps one break away from past hurt and begin on a new path of independence. It is also said to be beneficial for artists and musicians by helping them stay inspired and focused on their work.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS

PINK AGATE

HEALING • LOVE • RELATIONSHIPS

Pink Agate is a healer of the heart chakra, helping one overcome feelings of resentment, pain, and anger. It is associated with parental love, and is said to strengthen the relationship between a child and parent. Pink Agate also promotes fidelity in romantic relationships. It helps one feel worthy and deserving of love, and increases self-confidence. Pink Agate enhances creativity, attention to detail, concentration, and analytical abilities. It is also said to promote a restful and peaceful sleep, reduce anxiety, and lift feelings of depression.

CHAKRAS: HEART

A close-up photograph of several rough, faceted pink amethyst crystals. The crystals are in various shades of pink, from light blush to deep magenta. They are set against a dark, textured background, possibly a wooden surface. The lighting highlights the facets and the natural, unpolished edges of the stones.

PINK AMETHYST

LOVE • HEALING • KINDNESS

Pink Amethyst is a stone of deep emotional healing. The frequency of Pink Amethyst connects to the heart, third eye, and crown chakras. It stimulates these chakras so that one is open to giving and receiving love and friendship. The soft but powerful energy of Pink Amethyst enhances intuition and empowerment. It is a high vibration stone that promotes a positive self-image, kindness to oneself and others, and encourages one to express themselves and be open to other people. Pink Amethyst is also said to be beneficial for anyone healing from past trauma.

CHAKRAS: HEART, THIRD EYE, CROWN

PINK ARAGONITE

GENEROSITY • SENSITIVITY • COMPASSION

Pink Aragonite is deeply connected to Gaia and the Earth Goddesses. It holds incredible power over the heart chakra and is useful in matters of love. Pink Aragonite is associated with qualities of patience, compassion, and peace. It promotes deeper, healthier, and more fulfilling romantic relationships. Pink Aragonite is said to enhance sensitivity, promote generosity, and encourage one to open their heart to receiving love. It is a useful stone for healing heartache and alleviating depression. Pink Aragonite encourages an optimistic worldview and instills feelings of joy.

CHAKRAS: HEART

PINK CALCITE

CALMNESS • LOVE • HEALING

Pink Calcite is a powerful healer of the heart chakra. It is a stone of unconditional love, compassion, and tranquility. It is believed to be beneficial in treating postpartum depression as it helps one develop a deep and loving connection with their newborn, and aids in healing symptoms of fatigue, hopelessness, and overwhelm. It is also effective for anyone experiencing emotional trauma, such as the loss of a loved one. It infuses an environment with nurturing and calming energy. Sleeping with Pink Calcite is also said to promote a peaceful sleep and prevent nightmares.

CHAKRAS: HEART

A close-up photograph of numerous pink Himalayan salt crystals. The crystals are irregular in shape, with some showing sharp, faceted edges and others being more rounded. They are a vibrant pink color with some lighter, almost white, areas where the salt is more pure or where the lighting is brighter. The background is a soft, out-of-focus pink, creating a monochromatic and textured effect.

PINK HIMALAYAN SALT

PURIFICATION • CLEANSING • PROTECTION

Pink Himalayan Salt promotes general cleansing and purification. It is known for its ability to ionize the air, thus improving overall health and well-being. For centuries, Pink Himalayan Salt has been used for protection from evil and negativity, especially in and around the home. It has strong grounding and centering energies, and is said to bring abundance and prosperity into a home or workplace. It is recommended that those who work in environments of negativity or indirect communication keep a piece of Pink Himalayan Salt nearby.

CHAKRAS: CAN CLEANSE ALL CHAKRAS

The top half of the image features a close-up photograph of Pink Zebra Jasper. The stone has a warm, reddish-pink base color with prominent, dark, wavy, zebra-like stripes running across it. The texture appears slightly grainy and natural.

PINK ZEBRA JASPER

NURTURING • SELF-LOVE • CONTENTMENT

Pink Zebra Jasper is a nurturing stone that offers protection from both physical and spiritual harm. Its gentle and calming vibration can decrease anxiety and promote relaxation. Pink Zebra Jasper is an excellent aid during meditation and when performing spiritual work within the higher realms as it has a grounding and centering energy. Associated with the heart chakra, Pink Zebra Jasper promotes self-love and encourages one to let go of past hurt. Intuition is also heightened when working this stone, connecting one to the powerful cosmic energy and deeper spiritual aspects of themselves.

CHAKRAS: HEART



POPPY JASPER

HAPPINESS • JOY • WHOLENESS

Poppy Jasper is a rare crystal that brings joy, happiness, and optimism into one's life. It provides one with a sense of wholeness, and inspires and energizes one's entire being. Poppy Jasper improves strength, willpower, and motivation, and increases one's mental fortitude to help with life's daily challenges. It is a highly effective healing stone, and has the power to energize and align all the chakras. It is particularly beneficial for those suffering with depression, general lethargy, or impaired functioning of an organ, gland, or other area of the body.

CHAKRAS: ALL



PRASIOLITE

AWAKENING • ABUNDANCE • SPIRITUAL GROWTH

Prasiolite is a highly spiritual stone with powerful transformation properties. It is a strong energy amplifier and is said to awaken the heart to higher frequencies of divine energy, compassion, and love. Prasiolite clears blockages within the heart chakra, helping one release any feelings of past pain. Working with Prasiolite can help one deepen their connection with Mother Earth. It is a stone of originality and encourages one to share their unique talents and gifts with the world. Prasiolite is also said to aid one in manifesting wealth, luck, and abundance into their lives.

CHAKRAS: HEART, CROWN, THIRD EYE

A close-up photograph of a purple agate stone, showing its characteristic wavy, concentric banding patterns in various shades of purple, from deep violet to lighter lavender. The texture appears smooth but with natural mineral grain.

PURPLE AGATE

MEDITATION • SPIRITUAL TRANSFORMATION • INSIGHT

Purple Agate is a stone of meditation and spiritual transformation. It has a calming and soothing energy that can help dispel fear, and impart one with courage, energy, confidence, and strength. Purple Agate has a strong connection to the Violet Flame, a divine gift and tool given to us by Saint Germain. It is a very spiritual stone and assists in allowing trust within our own intuition, opening the spiritual flood gates to a realm of endless possibilities. It gives us the space to be our spiritual selves and clears the mind for extraordinary vision and insight.

CHAKRAS: THIRD EYE



PURPLE FLUORITE

PROTECTION • INTUITION • CLARITY

Purple Fluorite is said to be the most peace-giving of all the fluorites. It purifies the mind, sharpens focus, and enhances mental clarity. It stimulates the third eye chakra, bringing a logical and conscious awareness of one's mental processes. It is a very protective crystal and is said to become more protective the longer one works with Purple Fluorite. It can assist one in recognizing when outside influences are at work, allowing one to shield themselves from manipulation. Purple Fluorite helps the intuition connect to the rational mind and aids spiritual balance.

CHAKRAS: THIRD EYE

QUANTUM QUATTRO

COMMUNICATION • HEALING • INNER STRENGTH

Quantum Quattro is a rare stone that consists of Shattuckite, Dioptase, Smoky Quartz, Malachite, and Chrysocolla. Being a combination stone, Quantum Quattro carries the properties of each stone within it, as well as its own. It is effective for psychics and mediums as it aids communication with the angelic realms. Known as a universal healer, Quantum Quattro can strengthen the immune system, and heal the effects of grief, heartache, and abandonment. It is beneficial for relationships that have become rocky as it stabilizes and heals the home, and brings in a new vibration of love.

CHAKRAS: HEART, THROAT, THIRD EYE

RAINBOW MOONSTONE

SELF-DISCOVERY • MENTAL CLARITY • TRANSFORMATION

Rainbow Moonstone emanates great vitality, joy, and optimism. It offers the gifts of inner peace, harmony, emotional balance, and strength, as well as psychic protection. Rainbow Moonstone helps one maintain mental clarity throughout the day and provides a protective shield around the aura from negative influences. It is a powerful emotional healer and is recommended for those who suffer from stress or who carry old emotional wounds. It aids one in banishing self-doubt and fear, and encourages one to take on new opportunities that may come their way.

CHAKRAS: ALL

RAINBOW TOURMALINE

BALANCE • SELF-CONFIDENCE • INSPIRATION

Rainbow Tourmaline is a stone formed from multiple colored varieties of Tourmaline. It cleanses all of the chakras and restores balance to one's energies. It cleanses and protects the aura, and balances the meridian system. Rainbow Tourmaline improves self confidence and promotes joy, harmony, and unconditional love towards oneself and others. It removes negative thinking patterns and behaviors, and helps one make positive changes in their life. It aids in eliminating fears and self-doubt, and encourages one to look to the future with hope and optimism.

CHAKRAS: ALL

RED AGATE

STABILITY • CREATIVITY • SELF-REFLECTION

Red Agate has been used for centuries as a protection token against negative energies, while instilling one with self-confidence and optimism. Known as the 'Warrior's Stone', it lights a fire within and motivates one to pursue all their dreams and desires. Red Agate is a great support stone for artists, writers, and musicians, as it boosts creativity. It encourages one to reflect on all aspects of their life, particularly their finances, and make wiser decisions. Red Agate soothes and nourishes the heart, helping one keep an open heart and mind to new ideas, people, and perspectives.

CHAKRAS: HEART, SOLAR PLEXUS

RED CALCITE

VITALITY • CLARITY • ENERGY

Red Calcite is a highly energizing and detoxifying stone that helps rejuvenate and revitalize the entire physical body. It reduces stress and soothes imbalances which bring on fatigue and exhaustion. Red Calcite removes stagnant energy and dissolves blockages. It helps one appreciate the wonders of life and express gratitude for all they have. It is believed to be an excellent stone for women as it assists in balancing hormones, and enhancing the absorption of vitamins and minerals. It is also said to help women prepare for pregnancy and childbirth.

CHAKRAS: ROOT, CROWN, HEART



RED TIGER EYE

MOTIVATION • ENERGY • CONFIDENCE

Red Tiger Eye is a rare stone that increases motivation, self-confidence, and the drive to succeed. Carry Red Tiger Eye in your pocket when you want to add vitality and passion to any project you are working on. It is a highly stimulating stone that can give one the energy needed to overcome lethargy and fatigue. It can help one get through difficult periods without losing courage and hope. Red Tiger Eye can alleviate physical pain and is highly effective in treating blood disorders such as anemia. It is also said to be a powerful stone to speed up the metabolism and boost sex drive.

CHAKRAS: ALL

RUBY

PASSION • COURAGE • ENTHUSIASM

Ruby emanates the pure Red Ray and is a powerful stone for stimulating the root chakra. It energizes and activates one's physical, mental, and emotional bodies. Ruby enhances passion, enthusiasm, and fortitude, allowing for the wholehearted pursuit of one's aspirations. It eliminates feelings of fear and self-doubt, giving one the courage and determination to make whatever leaps of faith are required to achieve their goals. Ruby imparts one with feelings of power and confidence, and is said to be a magnet for novelty and adventure.

CHAKRAS: ROOT



RUBY FUCHSITE

LOVE • FRIENDSHIP • MANIFESTATION

Ruby Fuchsite combines the courage, strength, and passion of Ruby, and the calm, nourishing, and heart-based currents of Fuchsite. It fosters a strong sense of overall health and well-being, both mentally and physically. Ruby Fuchsite is said to be an excellent manifestation stone, and encourages one to make positive changes to their thinking patterns and behaviors. It is said to attract love and friendship, and help one build strong and meaningful relationships with others. Ruby Fuchsite inspires generosity, compassion, and self-love.

CHAKRAS: ROOT, HEART

RUTILATED QUARTZ

MANIFESTATION • AMPLIFICATION • INTUITION

Rutilated Quartz promotes spiritual growth and attunes one to their Divine Purpose. It aids one in connecting with the spiritual realm and facilitates contact with angels. Rutilated Quartz is very programmable and can be used to magnify the energy of practically any intention or affirmation. It quickens the process of manifestation and is said to enhance intuition, psychic opening, and consciousness expansion. Rutilated Quartz opens the aura to allow healing, and is said to alleviate feelings of depression, fear, and anxiety by releasing constrictions and countering self-doubt.

CHAKRAS: ALL



SCHEELITE

MENTAL BALANCE • STABILITY • CLARITY

Scheelite is a rare crystal that connects with the sacral, solar plexus, and crown chakras. It enhances one's mental clarity, and encourages spiritual awareness and psychic openness. Scheelite helps one create a strong connection with the Earth, and is said to be an excellent crystal for shamanic journeying and astral travel. Scheelite aligns all the chakras, and stabilizes male and female energies. Its powerful energy can make it too strong for meditation, however, some find it can be beneficial and serve as a point of focus.

CHAKRAS: SACRAL, SOLAR PLEXUS, CROWN



SHATTUCKITE

INTUITION • COMMUNICATION • CHANNELING

Shattuckite is a stone of connection to the inner realms, and assists in understanding and communicating information from Spirit. It enhances intuition and open one's psychic channel, enabling one to hear messages from inner guides, as well as spirits of the deceased. Shattuckite's highest use is in the communication of wisdom and information from the higher realms. Shattuckite also improves one's communication skills and is an excellent stone for teachers, public speakers, and others who use verbal communication as a primary work skill.

CHAKRAS: HEART, THROAT, THIRD EYE

SILVER OBSIDIAN

MEDITATION • CALMING • PROTECTION

Silver Obsidian carries a higher vibration than regular Obsidian. It is a very protective stone, particularly during spiritual work. It is effective for anyone who feels lost or dissatisfied with their life. It is a stone of self-reflection and reminds us that we are the masters of our own destiny. It encourages one to take action to change the direction of their life, and make use of the gifts and talents they have been given. Silver Obsidian has a calming energy and helps one enter a deep meditative state. It also enhances the connection between the body, mind, and spirit.

CHAKRAS: ROOT, SOLAR PLEXUS

A close-up photograph of snowflake obsidian, showing its characteristic white, snowflake-like inclusions within a dark, volcanic glass matrix. The lighting highlights the intricate, crystalline structures of the inclusions.

SNOWFLAKE OBSIDIAN

TRANSFORMATION • PURIFICATION • RESILIENCE

Snowflake Obsidian is known as the 'Stone of Purity', and represents the need to clear the mind, body, and spirit on a regular basis. It assists one gain the courage and strength they need to persevere during challenging situations. Snowflake Obsidian can help one find light in the darkness and tune into their spiritual guidance. It is also beneficial to help with past-life recollection and recovering memories from the present life. Snowflake Obsidian is also said to be effective in physical healing by improving circulation, treating arthritis, and alleviating muscle aches.

CHAKRAS: ROOT, THIRD EYE



SPHALERITE

GROUNDING • ENERGY • DISCERNMENT

Sphalerite is a stone of personal power and energy, and is deeply stimulating to the root, sacral, and solar plexus chakras. It promotes self-confidence, stabilizes mood swings, and encourages one to form positive habits. It eliminates fatigue, strengthens the immune system, and is helpful for those who are recovering from an illness. Sphalerite has a strong connection to Mother Earth, making it a very grounding stone. It calms an overactive mind and helps one organize their thoughts. It is also known as a stone of discernment and guides one in making the right decisions in life.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS



SPIRIT QUARTZ

TRANSFORMATION • PROTECTION • SPIRITUALITY

Spirit Quartz is a highly spiritual stone with a powerful healing energy. It purifies all the chakras and harmonizes the flow of energy throughout the body to assist one in reaching the spirit world. Spirit Quartz helps one connect and communicate with higher realms and spirit guides. It strongly resonates with the crown chakra, enabling one to achieve deep states of meditation. It provides a protective shield around the aura and transmutes negative energy. Spirit Quartz is also an effective stone for fostering unity, harmony and peace in the household and workplace.

CHAKRAS: ALL

STRAWBERRY QUARTZ

LOVE • OPTIMISM • CREATIVITY

Strawberry Quartz has a playful and joyful energy that makes one feel vibrantly alive in the present moment. It stimulates creativity and imagination, helping artists, writers, and musicians keep their work fresh and interesting. Strawberry Quartz helps one move on from any past trauma or negative experiences and feel the beauty of the present moment. It encourages positive bonds to form between family, friends, and romantic partners. Meditating with Strawberry Quartz can stabilize an unbalanced energy field and bring guidance to the higher heart chakra.

CHAKRAS: ALL

TANGERINE QUARTZ

CREATIVITY • SEXUALITY • SPIRITUAL GROWTH

Tangerine Quartz activates the sacral chakra, stimulating one's creativity and sexual energies, blending them to enhance spiritual growth. Meditating with Tangerine Quartz can trigger great bursts of creative ideas and inspires one to put these ideas into action. It stimulates the joyful and optimistic energy of the inner child, encouraging playfulness and curiosity. Tangerine Quartz promotes acceptance of oneself and others. It is said to be beneficial for partners to meditate or sleep with Tangerine Quartz as it can work to elicit sexual desire and passion in the relationship.

CHAKRAS: SACRAL

A close-up photograph of a teal agate crystal, showing its characteristic wavy, layered patterns in various shades of blue and green. The texture is smooth but shows natural mineral variations.

TEAL AGATE

PEACE • HARMONY • COMMUNICATION

Teal Agate has a relatively low frequency, making it a soothing and peaceful stone. It is helpful in alleviating stress and worried thoughts. It rebalances and harmonizes the body, and encourages peacefulness and quiet contemplation. It is said to induce pleasant dreams and promote a restful sleep. Teal Agate improves problem-solving abilities and verbal communication skills, enabling one to speak with clarity and confidence. It is one of the best crystals to work with to achieve a calmer and more balanced state.

CHAKRAS: THROAT

TEKTITE

TELEPATHY • INSIGHT • CHANNELING

Tektite vibrates on a very high frequency and can be instantly felt by those who are sensitive to the energies of crystals. It facilitates astral travel and lucid dreaming, and accelerates psychic development. Meditating with Tektite is said to elevate one to a higher state of consciousness. It clears blockages in the lower chakras and connects them with the higher chakras, allowing energy to flow freely throughout the subtle bodies. Working with Tektite also enables one to gain deeper insights into current problems in their lives and work towards healing.

CHAKRAS: ALL

TERAHERTZ

CLARITY • ENERGY • WELL-BEING

Terahertz is a man-made stone that emits far-infrared and negative ion energy. The far-infrared energy helps promote metabolism, improve blood circulation, and ease muscle pain, stiffness, and inflammation. The negative ion energy aids in protecting the body from harmful radiation, pollutants, and electromagnetic smog when worn. As Terahertz revitalizes inner energy flow and enhances circulation in the skin, it is said to slow down the aging process and help one appear more youthful. Terahertz improves mental clarity, aiding one in organizing and processing complex information.

CHAKRAS: ROOT



TIGER IRON

DETERMINATION • FOCUS • STRENGTH

Tiger Iron is a rare and powerful crystal that can only be found in Western Australia. It is a combination of Hematite, Red Jasper, and Tiger Eye. The Hematite within Tiger Iron helps one keep their thoughts and ideas grounded, while keeping their mental state clear. Red Jasper's energies help one increase their focus and endurance. Tiger Iron reduces procrastination which can result in ideas, projects, and goals coming to fruition. The energies of Tiger Eye promote self-confidence, strength, and determination to help one stay focused and achieve their goals.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS



TOURMALINE

CONFIDENCE • GROUNDING • BALANCE

Tourmaline cleanses, purifies, and transforms dense energy into a lighter vibration. It grounds spiritual energy, balances all the chakras, and forms a protective shield around the entire body. Psychologically, Tourmaline aids in understanding oneself and others. It promotes self-confidence and diminishes fear. It banishes any feelings of being a victim, and attracts tolerance and compassion. Tourmaline is also said to be helpful in treating dyslexia as it improves hand-to-eye coordination, and aids the assimilation and translation of coded information.

CHAKRAS: ALL



TREE AGATE

INNER PEACE • ABUNDANCE • SELF-DISCOVERY

Tree Agate is a stone of inner tranquility and peace. It helps one connect their conscious self with the angelic realms, and can also be used to attract nature spirits to serve as guides. Tree Agate instills a deep appreciation for nature and all other living things. It aids in spiritual, mental, and physical growth. Tree Agate enhances resilience and strength, and is a particularly beneficial stone for anyone who feels powerless, but is ready to stand up for themselves. Tree Agate is also said to strengthen the immune system and prevent infections.

CHAKRAS: ROOT, HEART, CROWN

VESUVIANITE

MANIFESTATION • HIGHER SELF • ENTHUSIASM

Vesuvianite has powerful physical, emotional, and spiritual effects. It encourages gratitude and enthusiasm for life, helping one to live life to the fullest. This makes it an effective crystal for those suffering with feelings of depression, guilt, and regret. Vesuvianite gives one courage and strength, and is said to be helpful for those who are undertaking transformation work such as psychotherapy and past-life regression. Working with this stone can improve overall well-being and abundance, and is a useful aid for the manifestation of the heart's truest desires here on Earth.

CHAKRAS: ALL



WULFENITE

CREATIVITY • SELF-EXPRESSION • DETERMINATION

Wulfenite is a stone of transformation and healing through its powerful connection to the Earth. It stimulates creativity and imagination, and is particularly beneficial for those who have many ideas but find it difficult to turn them into a reality. Wulfenite enhances resilience, determination, and persistence. It is a stone of originality and encourages one to express themselves without fear or judgment. Wulfenite helps one feel inspired and energized so that pessimism and procrastination can be overcome. It is also said to be a highly effective stone to stabilize mood swings.

CHAKRAS: SOLAR PLEXUS

YELLOW CALCITE

CLARITY • CONFIDENCE • PERSISTENCE

Yellow Calcite assists in bringing about a unique combination of mental clarity, focused energy, and grounding necessary to successfully complete complex tasks or projects. It is one of the most effective crystals for situations requiring full attention and persistence over the long-term, helping one quickly overcome any feelings of fatigue. Associated with the solar plexus chakra, Yellow Calcite improves willpower and decisiveness, allowing one to have confidence in their actions. The energy of Yellow Calcite alleviates depression and promotes an optimistic outlook.

CHAKRAS: SOLAR PLEXUS

A close-up photograph of Zebra Jasper, showing its characteristic black and white wavy, zebra-like stripes. The stone's surface has a slightly matte, natural texture.

ZEBRA JASPER

ENERGY • MOTIVATION • STRENGTH

Zebra Jasper is a gentle yet stabilizing stone that brings balance and harmony. It instills one with the motivation and persistence to reach their goals. Zebra Jasper's black and white stripes unite yin and yang, and connect one to Mother Earth. The energy of this stone is very uplifting and energetic. Zebra Jasper helps to eliminate apathy and overthinking, giving one the determination to see projects through to the end. It is very helpful in cases of anxiety and depression by allowing one to live in the present moment and appreciate all the joys of life.

CHAKRAS: ROOT

AMAZONITE

COMMUNICATION • CALMNESS • EMPOWERMENT

Amazonite is known as a stone of truth, courage, and hope. It deeply stimulates the throat chakra, empowering one to express their true thoughts and feelings without fear of judgment. Amazonite enables one to establish a healthy sense of self-worth and reduces tendencies to self-neglect, particularly in women. It promotes emotional balance, enhances communication, and gives one the strength to set clear, firm boundaries with others. Amazonite has a deeply calming effect on the mind, making it an excellent stone to use during meditation.

CHAKRAS: HEART, THROAT



AMETHYST

INTUITION • HEALING • SPIRITUALITY

Amethyst is a soothing crystal that promotes inner peace, calmness, and balance. It helps to awaken the soul and realize one's life purpose. It deeply stimulates the third eye chakra, strengthens intuition, and accelerates the development of psychic abilities. It is a highly protective stone, guarding one from negative influences and psychic attacks. Amethyst is also a powerful aid in helping one overcome addictions and compulsive behaviors, bringing self-awareness and healing. Working with Amethyst stimulates creativity and imagination, and encourages one to bring their projects to fruition.

CHAKRAS: THIRD EYE, CROWN, ETHERIC

A close-up photograph of several Angel Aura Quartz crystals. These are synthetic quartz stones that have been treated with a special process to give them a multi-colored, iridescent appearance. The crystals shown have various shades of pink, purple, and magenta, with some facets catching the light and creating bright highlights. They are arranged in a cluster, with some larger crystals in the foreground and others slightly behind them.

ANGEL AURA QUARTZ

HEALING • SERENITY • MEDITATION

Angel Aura Quartz is a very high vibration stone that has the ability to expand one's consciousness and heal the physical and spiritual body. It is an uplifting stone which promotes joy, serenity, and optimism. Meditating with Angel Aura Quartz is said to bring one into the higher realms and better facilitate contact with angels and spirit guides. It enhances intuition and awakens one's psychic gifts. It is also said to cleanse and heal the heart, helping release feelings of grief, anger, and pain to allow one to begin on the path of personal growth.

CHAKRAS: CROWN, ETHERIC



APATITE

CREATIVITY • MANIFESTATION • COMMUNICATION

Apatite is a powerful stone of manifestation and encourages one to work relentlessly to achieve their dreams and desires. It improves motivation, self-confidence, and communication with others. Apatite is beneficial for those who have recently started a new business as it encourages one to maximize their creative potential. It deepens meditation and its vibrations are said to attract spirits, angels, and other entities to help guide one on their journey to success. It is also believed to be one of the most effective stones to curb appetite and aid one on their weight loss journey.

CHAKRAS: THIRD EYE, THROAT

AQUAMARINE

COURAGE • COMMUNICATION • INTUITION

Aquamarine is a stone of courage. It opens the throat chakra and aids all types of communication. It allows one to speak clearly and calmly in difficult situations. As a stone of the Water element, it gently brings one in touch with their subconscious and deepest emotions. Aquamarine enhances intuition and awakens one's psychic abilities and spiritual gifts. Its calming energies reduce stress and help to quiet the mind, making it a wonderful stone for meditation. Aquamarine allows one to connect with their true self, leading to an enhanced sense of inner peace and confidence.

CHAKRAS: HEART, THROAT

ARFVEDSONITE

PSYCHIC AWARENESS • OPTIMISM • MANIFESTATION

Arfvedsonite is a rare stone that possesses many powerful attributes. It is said to be highly effective for psychics, healers, and those wishing to enhance their connection to the spirit world. It helps one create a clear path forward and channels a significant increase of the Divine Light into one's being. It has extreme manifestation powers, and can help one rapidly attract what they focus their thoughts and energies on. Arfvedsonite facilitates visualization, and enables one to receive divine messages easily and clearly. It helps one look to the future with excitement and optimism.

CHAKRAS: CROWN, THIRD EYE, THROAT

BLACK MOONSTONE

NEW BEGINNINGS • INTUITION • MOTHERHOOD

Black Moonstone is a stone of new beginnings and carries the energy of the New Moon. It is recommended that one works with Black Moonstone during a New Moon period when setting new intentions. It enhances intuition and inner knowing, and helps one connect with their feelings and emotions on a deeper level. Black Moonstone calms the mind, which makes it an ideal stone for use during meditation and healing sessions. It is also said to be an effective stone for new mothers, as it brings out nurturing, feminine energy.

CHAKRAS: CROWN, THIRD EYE

BLACK OBSIDIAN

PROTECTION • GROUNDING • STRENGTH

Black Obsidian has a very strong healing energy. It is known to aid the release of addictive behaviors, eating disorders, physical pain, and emotional blockages. Black Obsidian will help clean and remove negative energies from any environment, such as at work or home. When these energies are released, Black Obsidian will help keep the space protected against negativity. It is a deeply grounding and protective crystal that brings power and strength. It shields one from negativity in the environment, from others, and from within the self.

CHAKRAS: ROOT

BLACK ONYX

STRENGTH • SELF-DISCIPLINE • PROTECTION

Black Onyx is a powerful protection stone that works to absorb negative energy. It aids in the healing of past pain and resentment as it gives one the courage to start a new journey. Black Onyx is a great companion during times of stress, grief, and trauma by giving one the emotional strength to keep moving forward. It is a stone of discipline and provides one with the willpower, stamina, and persistence to take all necessary action to achieve their goals. It also helps one make wise decisions and opens the mind to new opportunities.

CHAKRAS: ROOT, SOLAR PLEXUS, THIRD EYE

BLACK TOURMALINE

GROUNDING • STRENGTH • PROTECTION

Black Tourmaline protects against psychic attacks, spells, evil spirits, and negative energies of all kinds. It is recommended to be worn by anyone living or working in uncomfortable and negative environments. Connecting with the root chakra, Black Tourmaline is a very effective grounding stone, helping one feel safe and secure. It gives one the strength to embrace who they are and speak their truth. It eliminates negative thought patterns, habits, and behaviors, and encourages a positive mental attitude no matter what circumstances one is faced with.

CHAKRAS: ROOT



BLOODSTONE

HEALING • DETERMINATION • VITALITY

Bloodstone is one of the most powerful physical and emotional healing stones available. It is believed to be very effective in treating disorders of the blood, such as blood clots and anemia, as well as healing muscle injuries, lowering blood pressure, and providing pain relief. It gives one the strength to remain optimistic despite setbacks and challenges. Bloodstone has a warm and comforting energy, and helps one look to the future with optimism and not dwell on the past. It draws energy through the root chakra, giving one renewed vitality and an empowered zest for life.

CHAKRAS: ROOT

A close-up photograph of several blue calcite crystals, showing their characteristic translucent, prismatic, and rhombohedral shapes. The crystals are in various shades of blue, from light sky blue to deep navy blue, and are set against a dark background.

BLUE CALCITE

PROTECTION • RELAXATION • DREAMS

Blue Calcite is known as one of the most soothing and relaxing stones. It forms a protective shield around one's aura and softens the impact of psychic stimuli. It is an excellent stone for empaths as it allows those who are sensitive to the energies and thoughts of others to not feel so overwhelmed. Blue Calcite enhances the vividness of dreams, and improves one's ability to recall and integrate them. It is also said to be particularly beneficial for anyone suffering with depression, anxiety, and grief due to its calming, healing, and comforting effect.

CHAKRAS: THIRD EYE, THROAT

BLUE GOLDSTONE

COURAGE • SUCCESS • WILLPOWER

Blue Goldstone is a crystal commonly associated with success and prosperity. Wearing Blue Goldstone can help one feel calm, secure, and relaxed. It is also said to assist in improving concentration, efficiency, and memory. It imparts strength, confidence, and happiness, and is excellent for improving creativity and imagination. As Blue Goldstone is often associated with the throat chakra, it can improve communication with others. Blue Goldstone can help one reach for the stars and have the courage to achieve all their dreams and desires.

CHAKRAS: THROAT

BLUE KYANITE

COMMUNICATION • PSYCHIC ABILITY • TELEPATHY

Blue Kyanite has a very strong vibration and removes blockages from one's auric field. It has the ability to align and restore the energy balance in all the chakras. It opens psychic channels and stimulates the process of lucid dreaming. It is a great stone for healers as it places a protective shield around the healer and grounds spiritual energy. Blue Kyanite opens the throat chakra and encourages self-expression. It removes fears and self-doubt, helping one speak their truth. As it does not absorb negativity, it is one of the very few stones that does not require cleansing.

CHAKRAS: THIRD EYE, THROAT

A close-up photograph of a Blue Lace Agate crystal, showing its characteristic blue and white wavy, lace-like patterns. The crystal is the background for the top half of the image.

BLUE LACE AGATE

COMMUNICATION • PEACE • HARMONY

Blue Lace Agate is an incredibly calming and soothing crystal, giving one a sense of inner peace, serenity, and tranquility. It works at a slow and steady pace, making it beneficial to work with over a long period of time. It opens the throat chakra and aids in the verbal expression of thoughts and feelings. It allows one to speak clearly and calmly, and not worry about the opinions of other people. It can be beneficial to calm an overactive mind and eliminate negative thinking patterns. Blue Lace Agate is also said to relieve insomnia, tension headaches, and high blood pressure.

CHAKRAS: THROAT

BLUE QUARTZ

CLARITY • COMMUNICATION • CALMNESS

Blue Quartz is a gentle and calming crystal. It is beneficial for those who experience high levels of anxiety as it alleviates fear and limiting beliefs. Blue Quartz enhances mental clarity, self-discipline, and organizational abilities due to its balancing effect on the lower (physical energy) and higher (mental and spiritual energy) chakras. It is a stone of communication and enhances one's ability to connect with others, as well as with their higher self, angels, and spirit guides. Blue Quartz is also said to assist one in awakening and developing their psychic gifts and abilities.

CHAKRAS: THROAT, THIRD EYE

BOTSWANA AGATE

GROWTH • STRENGTH • HEALING

Botswana Agate is a soothing and comforting stone that is helpful during times of transition. It has a high vibrational healing energy and is a great companion for anyone dealing with heartache, loneliness, or grief. One may experience a spiritual awakening when working with Botswana Agate, and it can be the start of one's self-transformation and personal evolution. It is said to be one of the most effective stones to assist those who are on their journey to overcoming self-sabotaging behaviors and addictions, particularly smoking.

CHAKRAS: CROWN, THIRD EYE



BUMBLEBEE JASPER

CONFIDENCE • NEW BEGINNINGS • CREATIVITY

Bumblebee Jasper is a vibrant and energizing stone that deeply stimulates the sacral and solar plexus chakras. It enhances creativity and self-confidence, and encourages one to chase after their dreams. It is recommended to be used by those who are closing a chapter in life and starting anew. It enables one to make decisions from a place of reason and not be influenced by their emotions. The combination of passion and creative energy one experiences when working with this stone can result in a major life shift and personal transformation.

CHAKRAS: SACRAL, SOLAR PLEXUS



CARIBBEAN CALCITE

DREAMING • CALMING • BALANCE

Caribbean Calcite is a relatively new crystal that was discovered in Pakistan. It is a combination of Blue Calcite and Aragonite. It resonates with the third eye and crown chakras, and is a beautiful crystal for an overall sense of calmness and serenity. Caribbean Calcite activates the mind, tapping into one's higher consciousness and psychic abilities. It provides enhanced dream insight and facilitates lucid dreaming. When meditating with Caribbean Calcite, its soothing and healing energy helps to balance the mind, creating space for calm and peaceful thoughts.

CHAKRAS: THIRD EYE, CROWN

CARNELIAN

CREATIVITY • AMBITION • CONFIDENCE

Carnelian is known as the 'Stone of Action'. It is a high energy crystal with a warm energy that helps restore vitality and motivation. It stimulates creativity, strengthens concentration, and brings out undiscovered talents. Carnelian is a crystal of bold leadership and courage. It gives one the self-confidence, willpower, and determination to achieve success in business and other pursuits. It provides mental clarity to aid decision-making and overcome procrastination. Carnelian assists one in becoming more independent and promotes healthy sexual relationships.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS



CELESTITE

INNER PEACE • MENTAL CLARITY • CALMNESS

Celestite is a high vibration stone that has a calming and uplifting energy. It is said to be very effective for stimulating clairvoyance, aiding dream recall, and helping one access and communicate with the celestial realm. It promotes purity of the heart, heals the aura, and brings emotional stability. Celestite is helpful for those experiencing feelings of depression by clearing negative thoughts and replacing them with feelings of hope, optimism, and renewal. It is also said to improve dysfunctional relationships by facilitating communication in a gentle and peaceful manner.

CHAKRAS: THIRD EYE, CROWN, ETHERIC, THROAT

CHAROITE

PROTECTION • TRANSFORMATION • HEALING

Charoite is known for its powerful emanation of the Purple Ray. It stimulates inner vision and spiritual insight, and encourages one to follow the path of their soul's calling. It helps one overcome any resistance to follow that path and the changes that it may require. Charoite is an empowering stone that promotes transformation and deep self-reflection, helping one discover the answers that lie within. It opens the mind to new possibilities and assists one in coping with change at a spiritual level. It is also said to enhance one's psychic abilities and spiritual gifts.

CHAKRAS: THIRD EYE, CROWN, SOLAR PLEXUS, ROOT



CHEVRON AMETHYST

SLEEP • SPIRITUALITY • SELF-REFLECTION

Chevron Amethyst combines the high spirituality of Amethyst, and the gentle support of White Quartz, creating a unique energy for self-reflection and personal growth. Chevron Amethyst gives one the courage they need to follow their spiritual callings and reach their highest potential. It enhances intuition and can awaken one's psychic gifts. Chevron Amethyst cleanses the aura and protects one from negative energies and psychic attacks. It is also said to promote a deep and restful sleep, making it beneficial for those who suffer with insomnia.

CHAKRAS: THIRD EYE, CROWN, ETHERIC



CHRYSOCOLLA

EMPOWERMENT • COMMUNICATION • SELF-EXPRESSION

Chrysocolla is a stone of empowerment, patience, and inner strength. It stimulates the throat chakra for clear communication of one's inner wisdom so that others may benefit from their knowledge and experiences. It encourages one to express themselves freely and without fear of judgment. Working closely with Chrysocolla can help one find their true purpose in life. Within the home, Chrysocolla dispels negative energies and promotes harmony between family members. It is said to enhance romantic relationships by facilitating communication in a gentle, loving manner.

CHAKRAS: THROAT, HEART, ROOT



CITRINE

CREATIVITY • HAPPINESS • OPTIMISM

Citrine has one of the most joyful and uplifting energies of any crystal as it possesses healing properties of the Sun. The warm and bright energy of Citrine promotes self-confidence, individuality, courage, and hope. It assists one in manifesting wealth and abundance into their life. Citrine is one of the most effective crystals to treat depression and low self-esteem. It helps one stay in the present moment, and set and maintain emotional boundaries. It awakens creative energy and pushes one to imagine all that can be. Citrine is also said to help one become less sensitive to criticism from others.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS



CLEAR QUARTZ

HEALING • AMPLIFICATION • MENTAL CLARITY

Clear Quartz is known as the 'Master Healer'. It is a powerful crystal that amplifies the energies of other crystals and can be programmed to manifest any intention. One of the best ways to experience the immense power of Clear Quartz is to use it to help amplify your intentions. Firstly, define exactly what it is you want, and then use Clear Quartz to magnify your intention until it manifests. It is an excellent stone for concentration as it enables one to focus and think clearly. Clear Quartz balances all the chakras, clears stagnant energy, and opens the mind to higher guidance.

CHAKRAS: ALL

CRAZY LACE AGATE

JOY • OPTIMISM • STABILITY

Crazy Lace Agate is also referred to as the 'Laughter Stone'. It brings joy and happiness to those who wear it. It is a stone of support and encouragement, and is recommended to be worn by anyone consciously working to shift their mindset and thought pattern to a higher, positive vibration. It promotes a healthy work-life balance and encourages one to not take life too seriously. Crazy Lace Agate is also said to help trigger the release of endorphins, making it a great companion for anyone suffering with depression.

CHAKRAS: THIRD EYE, CROWN

DALMATIAN STONE

OPTIMISM • JOY • HARMONY

Dalmatian Stone brings joy and optimism. It helps one reconnect with their inner child and become appreciative of all the little things in life. It balances yin and yang, and dispels any dysfunctional energies. Dalmatian Stone helps one remain grounded and centered. It is an excellent crystal to help in overcoming feelings of depression and hopelessness by eliminating negative thinking patterns, assisting one to move forward in life. Dalmatian Stone works to harmonize emotions, and encourages honesty and loyalty to both oneself and others.

CHAKRAS: SACRAL, SOLAR PLEXUS, ROOT

DRAGON BLOOD JASPER

PHYSICAL HEALING • VITALITY • PERSONAL POWER

Dragon Blood Jasper is a unique combination of two powerful stones, Piemontite and Epidote. It embodies the fiery, persistent power of the dragon. It brings an energy that can give one the resilience and perseverance needed to move towards their goals with ease. It is a powerful manifestation tool, and is said to attract abundance and success. Associated with the heart chakra, Dragon Blood Jasper promotes love and passion. It is also an excellent stone for physical healing as it provides a boost of vitality and strength to help overcome illnesses of any kind.

CHAKRAS: HEART

DUMORTIERITE

SELF-DISCIPLINE • INSIGHT • INNER GUIDANCE

Dumortierite is a very spiritual stone that vibrates on a high frequency. It stimulates the third eye chakra and assists one in connecting with angels and spirit guides. Dumortierite activates psychic abilities, promotes lucid dreaming, and stimulates clairvoyance. In gifted individuals, it can instill the gift of prophetic vision. It promotes self-discipline, especially in regard to learning new things. Dumortierite is particularly beneficial for students who are required to consume large amounts of information in short periods of time as it enhances all mental abilities and improves memory retention.

CHAKRAS: THIRD EYE

FANCY AGATE

LOVE • PHYSICAL HEALING • GROUNDING

Fancy Agate works to harmonize emotions, and encourages honesty, love, and loyalty to both oneself and others. It can help one cope with unexpected changes in life. Placed on the heart, Fancy Agate is said to heal blockages of the heart to allow one to accept love from others. It can help in overcoming negative thought patterns and feelings of resentment. It heals inner anger and gives one both the courage and inner strength to start again. Fancy Agate has a strong grounding energy. It can aid in centering and stabilizing physical energy, and harmonizing yin and yang.

CHAKRAS: ROOT, HEART

A close-up photograph of a Fancy Jasper crystal, showing a complex pattern of green, grey, and reddish-brown veins and spots. The texture is organic and layered.

FANCY JASPER

CALMNESS • GROUNDING • PERSEVERANCE

Fancy Jasper is a loving and calming crystal. It promotes imagination and creativity, and inspires one to become more persevering and enthusiastic in their endeavors. Fancy Jasper brings feelings of wholeness, and relieves fears, doubts, and frustrations. It is a very nurturing crystal and is supportive during times of emotional stress. It has the ability to absorb negative energy and deflect psychic attacks, making it a highly protective crystal. Fancy Jasper is also a powerful physical healing stone, and can help detoxify the body, reduce inflammation, and improve circulation.

CHAKRAS: ALL

FIRE QUARTZ

SELF-ESTEEM • CONCENTRATION • BALANCE

Fire Quartz combines the intense energy of Quartz, with the stabilizing properties of Hematite. It is a powerful healing stone that balances the mind, body, and spirit. It aids in emotional regulation and helps one gain a new sense of confidence and self-acceptance. The energies of Fire Quartz are said to enhance focus and concentration, making it beneficial for those with short attention spans or have trouble seeing projects through to the end. It helps one remain grounded and balanced when feeling scattered or overwhelmed.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS

A close-up photograph of a Flower Agate crystal, showing its characteristic concentric, cell-like patterns in shades of reddish-brown, orange, and cream. The texture is organic and porous.

FLOWER AGATE

SELF-GROWTH • PASSION • MANIFESTATION

Flower Agate is a highly effective crystal for self-growth. The best analogy to describe the energy flowing from Flower Agate is "from seed to blossom", as it enables one to grow and reach their full potential. It has a gentle and encouraging energy, and can serve as a powerful protector from one's own fears, doubts, and anxieties. Flower Agate inspires one to manifest their dreams, with its energy igniting a passion to live life to the fullest. It is said to be one of the best crystals for new entrepreneurs wanting to grow their businesses, or for those beginning a new endeavor in their lives.

CHAKRAS: HEART, ROOT



GARNET

VITALITY • CREATIVITY • PASSION

Garnet is an energizing and regenerating stone. It cleanses and revitalizes all chakras in the body. It helps stimulate passion, enthusiasm, and creativity in all areas of life. It is a very powerful stone of attraction, helping one turn their dreams into a reality. It balances the sex drive, alleviates emotional disharmony, and enhances love between partners. Garnet has a strong connection to the pituitary gland, which aids one in past-life recall. It is also said to stimulate the metabolism, and assist the assimilation of minerals and vitamins.

CHAKRAS: ROOT, CROWN



GOLDEN HEALER

HEALING • ALIGNMENT • BALANCE

Golden Healer is a powerful stone of the Golden Ray. The golden light of Universal Life Force spreads its light throughout the body, clearing energy blockages and imbalances. It is said to be a Master Healer and removes all negative energies from one's auric field. It brings the entire body into balance by aligning all the chakras and balancing yin and yang energies. It can be used to raise one's energy vibration which can amplify one's intentions, as well as facilitate spiritual communication over a long distance, including between worlds and dimensions.

CHAKRAS: ALL

GOLDSTONE

AMBITION • SUCCESS • PROTECTION

Goldstone is known as the 'Stone of Ambition'. It is a powerful crystal that can help one achieve their goals by increasing persistence, courage, and determination. Goldstone can also help one remain calm, even in the most stressful situations. It allows one to think clearly and refrain from making impulsive decisions. Goldstone can help one stay energized and enthusiastic. It is an excellent crystal for deflecting any unwanted energies, making it a very useful protection stone. Goldstone is also said to be helpful in reducing stomach tension and painful joints.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS

GREEN AGATE

COMPASSION • HEALING • BALANCE

Green Agate has long been recognized as a powerful healing crystal of the physical body. It is said to strengthen the immune system and help fight diseases. It is also beneficial for the treatment of joint pain and inflammation. Green Agate is recommended for anyone who is overcoming an illness, or caring for someone who is unwell, as it imparts strength, courage, and compassion. Green Agate is also associated with luck and prosperity. It brings balance and harmony to all areas of life, and promotes inner peace, love, and generosity towards others.

CHAKRAS: HEART



GREEN AVENTURINE

PROSPERITY • OPTIMISM • LEADERSHIP

Green Aventurine is known as the 'Stone of Opportunity'. It is said to be one of the luckiest crystals to use for manifesting prosperity, abundance, and career success. It encourages one to look toward the future with optimism and excitement. Green Aventurine is a beneficial stone for those in leadership positions as it promotes courage, self-confidence, compassion, and decisiveness. Associated with the heart chakra, Green Aventurine helps to heal and soothe painful emotions, particularly those experienced during childhood.

CHAKRAS: HEART

GREEN CALCITE

RELAXATION • CALMNESS • EMOTIONAL BALANCE

Green Calcite is a powerful healer of the heart chakra. It relieves emotions such as anger, resentment, and irritability, and nurtures positive traits such as love, forgiveness, and compassion. It promotes open-mindedness and helps one release rigid beliefs. It is an effective grounding stone that is said to aid one in becoming more attuned to nature. It is also recognized as a stone of prosperity and abundance, helping one accelerate the manifestation of their financial goals. It relaxes the entire physical body and is excellent for treating arthritis and muscle tension.

CHAKRAS: HEART



GREEN FLUORITE

CONCENTRATION • MENTAL CLARITY • DISCIPLINE

Green Fluorite is an excellent crystal for overcoming disorganization and a scattered mind. It promotes intense focus and concentration for sustained periods of time. It is an excellent study and learning tool, and can help one quickly absorb and retain new information. Green Fluorite enhances self-discipline by encouraging one to incorporate structure and routine into their daily life. It helps one remain in the present moment and eliminate negative thought patterns and distractions. Physically, Green Fluorite promotes healing on all levels and purifies the mind, body, and spirit.

CHAKRAS: HEART

GREEN JADE

DREAMS • PROSPERITY • CALMNESS

Green Jade has a joyful and peaceful energy. It is often used in dream work as it stimulates lucid dreaming, and assists in dream recall and analysis. Its energy is so strong that one is said to feel a flow of well-being almost immediately upon touching it. Green Jade has long been recognized as a stone of abundance, and can help one attract wealth and prosperity into their life. It opens and balances the heart chakra, and promotes love for ourselves and others. It helps calm the nervous system, making it an effective aid in reducing stress and anxiety.

CHAKRAS: HEART

GREEN MOONSTONE

DIVINE FEMININE • HEALING • BALANCE

Green Moonstone is also known as the 'Stone of the Goddess'. It has all the properties of Moonstone, with more of an emphasis on emotional healing. It is a very soothing, nurturing, and calming stone, and helps to ease stress, anxiety, and feelings of overwhelm. Meditating with Green Moonstone can help one connect to the Divine Feminine within. It is strongly connected to the Moon and can enhance intuition. Working with Green Moonstone allows one to become more in touch with their inner feelings. It promotes self-love, acceptance, and sensitivity towards ourselves and others.

CHAKRAS: THIRD EYE, HEART, SOLAR PLEXUS

GREEN OPAL

CREATIVITY • EMOTIONAL BALANCE • CALMNESS

Green Opal has a soothing and nurturing energy. It opens and heals the heart chakra, and is a great companion for anyone suffering with heartache or grief. It imparts strength, resilience, and courage, and helps one move forward with their life and begin on their healing journey. Green Opal is an excellent stone to use during meditation as it has a calming effect on the mind and body. It is also said to stimulate creative energy, and is recommended to be used by artists, writers, and musicians to help them stay inspired and in-tune with their work.

CHAKRAS: HEART

HEMATITE

GROUNDING • PROTECTION • CONFIDENCE

Hematite is a stone of protection, grounding, and emotional balance. It enhances courage and boldness, and is said to be very beneficial for women who are timid and afraid of speaking their truth. Hematite can help one remain calm during periods of emotional stress and overwhelm. It acts as a shield against negativity and removes scattered energy from one's auric field. Hematite is effective in calming an overactive mind, making it a useful tool to use during meditation. It is also said to relieve pain as it maintains the charge of nerve cells in the body.

CHAKRAS: ROOT

HONEY CALCITE

CLARITY • CONFIDENCE • PERSISTENCE

Honey Calcite has an uplifting and nurturing energy. It is one of the most effective crystals to work with when undertaking complex tasks or projects requiring focus, attention, and persistence over a long period of time. It enhances mental clarity and helps reduce feelings of fatigue and emotional overwhelm. Honey Calcite is effective in eliminating limiting beliefs and overcoming self-sabotaging behaviors, particularly procrastination. It is also said to attract success and abundance into one's life. It inspires generosity and promotes feelings of gratitude.

CHAKRAS: ROOT, SOLAR PLEXUS, THIRD EYE

IMPERIAL JASPER

ORGANIZATION • STRENGTH • FOCUS

Imperial Jasper has the same properties as Jasper, but with added qualities of focus and organization. It encourages one to set goals and remain committed to achieving them, no matter what obstacles they are faced with. It is a powerful healing stone, and balances and aligns all the chakras. It promotes feelings of tranquility and calmness, making it an ideal stone to use during meditation. Imperial Jasper also encourages one to acknowledge their insecurities and gently release them so they can achieve their highest potential in life.

CHAKRAS: ALL

The top section of the image features a close-up photograph of several Iolite crystals. The crystals are a deep, vibrant purple color with visible facets and sharp edges. They are set against a darker, textured background, creating a sense of depth and highlighting the natural beauty of the stones.

IOLITE

INTUITION • VISION • SPIRITUALITY

Iolite deeply stimulates the third eye chakra. It facilitates psychic visions and intuitive insight, and helps one connect with their angels and spirit guides. It is beneficial for psychics and mediums, as well as anyone who is new on their spiritual journey, as it helps them communicate their higher knowing and better understand the messages they are receiving. It is an effective stone for anyone with an overactive mind, as it helps them organize their thoughts and stay in the present moment. It is a powerful ally for anyone working to overcome self-sabotaging behaviors, particularly alcoholism.

CHAKRAS: THIRD EYE

K2 JASPER

SPIRITUALITY • CLARITY • INTUITION

K2 Jasper is a rare and unique stone that was discovered at the base of K2, the second highest mountain on Earth. The powerful Earth connection of Granite, combined with the energetic flow of Azurite, makes K2 Jasper an effective stone for psychics and mediums to help them more clearly interpret the messages they receive. It enhances spiritual journeying and stimulates the third eye chakra. It enhances intuition and conscious awareness so that one can be open to receiving guidance from higher dimensions. K2 Jasper is also believed to be beneficial in treating migraines.

CHAKRAS: THIRD EYE



KAMBABA JASPER

TRANQUILITY • PEACE • LOVE

Kambaba Jasper is a stone of peace and tranquility. It helps one remain in the present moment, and calms feelings of grief, sadness, resentment, and guilt. It is a very grounding stone due its strong connection with Mother Earth. It is recommended that one meditates with Kambaba Jasper in nature to experience the full effects of this stone. It eliminates fear of the unknown and increases one's confidence in learning new skills. Kambaba Jasper helps one realize their life purpose, and promotes an optimistic and hopeful attitude toward the future.

CHAKRAS: HEART, ROOT

LABRADORITE

MAGIC • INTUITION • PROTECTION

Labradorite is known as the 'Bringer of Light', and is a highly mystical and protective stone. It deflects negative energies from one's aura and environment. It strengthens intuition, enhances psychic abilities, and aids one in their spiritual journey. Labradorite is a powerful companion when performing magical or ritual work as it brings a deep awareness of our spiritual knowledge and helps awaken our unique magical abilities. It is a stone of self-transformation, and is beneficial to work with during periods of change as it imparts one with inner strength, courage, and perseverance.

CHAKRAS: ALL

LAPIS LAZULI

INNER TRUTH • SELF-EXPRESSION • LEADERSHIP

Lapis Lazuli is a crystal of confidence, leadership, and communication. It has long been a favored stone used by royal leaders, such as Cleopatra. It reveals one's inner truth and allows for self-expression without holding back. It releases feelings of frustration, resentment, and anger. It is an excellent stone for those in leadership positions as it stimulates wisdom, integrity, and authenticity. Lapis Lazuli facilitates the acceptance of people and situations we cannot change, and encourages the qualities of honesty, compassion, and empathy when dealing with others, particularly teenagers.

CHAKRAS: THIRD EYE, THROAT

LARIMAR

COMMUNICATION • SPIRITUALITY • FEMININITY

Larimar is a beautiful stone that is deeply connected to the energy of the Earth Goddess. It helps women reattune to their femininity and renew their connection with nature. Working with Larimar gives one the inner strength and courage to let go of people, attachments, or behaviors that are no longer serving them. It is an empowering stone that promotes clear communication with others. It relaxes the nerves and helps one express themselves from the heart. It promotes inner peace, serenity, and calmness, and helps one reconnect with their inner child.

CHAKRAS: THIRD EYE, THROAT

LARVIKITE

PROTECTION • INTUITION • MAGIC

Larvikite is a highly protective and grounding stone that has a strong connection to the energies of the Earth. Simply holding a piece of Larvikite outside will help one absorb elemental energies and deepen their connection with Mother Earth. It cleanses the aura and deflects spells aimed at the wearer. It stimulates inner visions, enhances psychic abilities, and assists in past-life and soul work. It strengthens intellectual capabilities and helps one quickly absorb new information, particularly complicated spiritual practices and rituals.

CHAKRAS: ROOT, THIRD EYE

LAZULITE

FOCUS • PSYCHIC ABILITIES • VISUALIZATION

Lazulite has a high vibrational energy that is very stimulating to the third eye chakra. It can be used to activate psychic and intuitive capabilities, and strengthen the connection with our higher self. It enhances visualization and is a powerful stone to amplify the energy of affirmations. It assists one in becoming more aware of their thought patterns and making a conscious effort to shift them to more positive frequencies. Lazulite improves focus and self-discipline in mental pursuits, and is highly effective for students or professionals with heavy workloads.

CHAKRAS: THIRD EYE



LEOPARD SKIN JASPER

HEALING • COMPASSION • NURTURING

Leopard Skin Jasper is known as the 'Supreme Nurturer'. It supports one during times of stress, bringing feelings of tranquility, peace, and harmony. It gives one the courage to be assertive and stand up for what is right. Leopard Skin Jasper is an excellent stone to utilize when connecting with the animal kingdom. It is a stone favored by shamans and helps one learn to work with their spirit animals. It is also known for its powerful physical healing properties and is said to be greatly beneficial for those suffering with chronic health conditions.

CHAKRAS: HEART, ROOT



LEPIDOLITE

STRESS RELIEF • PEACE • HEALING

Lepidolite is known as the 'Stone of Transition'. It facilitates the release of old behavioral and psychological patterns. It brings deep emotional healing and gives one hope in dark times. It is an excellent crystal for reducing feelings of anxiety and depression. It can help women stabilize their emotions, particularly as this stone contains a high amount of natural lithium which is used in many anxiety medications. Lepidolite is also said to aid one in overcoming emotional or mental dependency and helps treat addictions, bipolar disorder, and ADHD.

CHAKRAS: HEART, THIRD EYE, CROWN

MALACHITE

INTUITION • VISUALIZATION • SPIRITUAL INSIGHT

Malachite is a powerful stone of self-transformation and amplifies both positive and negative energies. It opens and heals the heart, eases heartache, and promotes deep emotional healing. It is one of the most effective stones for protection from negative energies. Malachite absorbs negative energy but does not release it, making it important to ensure it is cleansed regularly. Placed on the third eye, Malachite can enhance visualization and psychic vision. It can be used to access other worlds and assists one in receiving insights from the subconscious mind.

CHAKRAS: SOLAR PLEXUS, HEART



MOOKAITE

NURTURING • GROUNDING • PROTECTION

Mookaite is a nurturing and grounding crystal that supports one during times of stress and emotional overwhelm. It enhances feelings of inner peace, calmness, and tranquility. Mookaite aids decision-making and encourages one to become more open and adaptable to changes in their lives. It acts as a protective shield against negative influences, and eliminates and blocks unwanted external influences. Working consistently with Mookaite is said to improve the general health of the entire body and strengthen the immune system.

CHAKRAS: SOLAR PLEXUS, HEART, ROOT



MOONSTONE

CALMNESS • BALANCE • INTUITION

Moonstone is a stone of new beginnings and helps one connect with the energy of the Divine Feminine. It carries a gentle, nurturing energy that brings comfort during times of emotional stress. Moonstone harmonizes the mind, body, and spirit, and allows one to become more attuned with their inner feelings. It enhances patience and improves emotional regulation. Moonstone promotes intuition and empathy, and is a powerful crystal for developing psychic awareness. It is also said to be beneficial for premenstrual syndrome, pregnancy, and childbirth.

CHAKRAS: HEART, THIRD EYE, CROWN

The top section of the image features a close-up, artistic photograph of moss agate. The stone's surface is covered in intricate, organic, and branching patterns in various shades of green, from light lime to deep forest green, set against a slightly darker, textured background. The overall effect is reminiscent of a microscopic view of a mineral or a dense forest canopy.

MOSS AGATE

CREATIVITY • HEALING • IMMUNE SYSTEM

Moss Agate helps correct imbalances between the left and right side of the brain. It boosts mental function and can be a beneficial stone for those who lack creativity and imagination. Moss Agate helps one feel grounded, safe, and secure, due to its strong connection with Mother Earth. It is said to be a powerful aid for those who experience frequent mood swings due to its stabilizing properties. It stimulates the heart chakra and promotes emotional healing. It is also said to speed up recovery from illness by strengthening the immune system.

CHAKRAS: HEART, ROOT

A close-up photograph of Ocean Jasper stones, showing a complex pattern of yellow, orange, and dark blue/black veins and spots. The stones have a rough, natural texture.

OCEAN JASPER

PATIENCE • EMPATHY • HEALING

Ocean Jasper is known as the 'Stone of Emotional Peace'. It is highly effective in calming feelings of anger, guilt, and resentment. It releases suppressed emotions, bringing them to the surface to allow for transformation and healing. It is a unique stone that carries the healing energy of the ocean. It opens and heals the heart chakra, and reminds one to be accepting of the cycles of life. It promotes patience, compassion, and empathy for others. Ocean Jasper helps one look to the future with hope, and is helpful for people suffering with depression, grief, and trauma.

CHAKRAS: SOLAR PLEXUS, HEART, THROAT

OPALITE

CALMNESS • SPIRITUALITY • TRANSITION

Opalite is a man-made stone created from glass. It has a soft, delicate energy and symbolizes clarity, purity, and new beginnings. It balances yin and yang energies, and stabilizes mood swings. Opalite helps to alleviate depression and anxiety, and brings a sense of inner peace and calmness. It can be a gentle companion to assist one during life transitions by promoting a sense of confidence, self-esteem, and courage. Opalite is also said to enhance one's connection with the spirit world and aid the interpretation of psychic information.

CHAKRAS: THIRD EYE

PEACH MOONSTONE

FERTILITY • NEW BEGINNINGS • HARMONY

Peach Moonstone has a soothing and loving energy. It brings out the best in people and promotes feelings of self-love, joy, and optimism. It calms the emotions and helps one overcome feelings of depression and hopelessness. It can act as a wonderful emotional support for sensitive children. Peach Moonstone helps one connect with divine feminine energies, and promotes fertility and love. It is a stone of new beginnings and is recommended to be worn or carried by anyone who is experiencing major life changes to help them remain balanced and centered.

CHAKRAS: HEART, SOLAR PLEXUS, CROWN

PETRIFIED WOOD

PATIENCE • SPIRITUAL TRANSFORMATION • PROTECTION

Petrified Wood is a stone of spiritual transformation. It has a deep connection with Mother Earth, making it an effective grounding and centering stone. It teaches one to remain patient and not be too hard on themselves. It instills strength of character and encourages one to live life on their own terms. Associated with the root and third eye chakras, Petrified Wood gives one the ability to translate spiritual insights into real changes in their physical life. It promotes emotional healing linked to difficult relationships, especially those of ancestral origin.

CHAKRAS: ROOT, THIRD EYE

PICTURE JASPER

GROUNDING • HARMONY • PROTECTION

Picture Jasper is a harmonizing and nurturing crystal, allowing one to form a greater bond with Mother Earth and Earth Goddess energies. It is a very grounding stone, and can help give one a stronger sense of purpose and direction in their life. Picture Jasper is a great support during times of stress by bringing tranquility, calmness, and inner peace. It is also a highly protective stone that works to absorb negative energy. It enables one to gain a better understanding of their past fears, and gives them the strength and confidence to move forward and overcome them.

CHAKRAS: ROOT, THIRD EYE



PIETERSITE

INTUITION • TRANSFORMATION • AWAKENING

Pietersite is also known as the 'Tempest Stone' due to its swirling colors resembling a storm. It is a very powerful stone with a high vibration and helps one release negative habits and behaviors. It is recommended that one meditates with Pietersite on the third eye to enhance visions and move into a higher state of awareness. Many people who work with Pietersite experience a very rapid personal transformation, which may feel uncomfortable at first. It enhances psychic abilities, heightens intuition, and aids readers of tarot to make their predictions more accurate.

CHAKRAS: SOLAR PLEXUS, THIRD EYE

A close-up photograph of numerous pink aventurine crystals. The crystals are translucent with a granular texture and various shades of pink, from light rose to deep magenta. They are piled together, creating a dense, textured background.

PINK AVENTURINE

HAPPINESS • CREATIVITY • STABILITY

Pink Aventurine imparts a wonderful sense of joy, optimism, and well-being. It is a very calming and soothing crystal that gives one the courage and strength to let go of people and situations that are no longer serving them. It boosts self-esteem and encourages one to develop a bright outlook towards life. Pink Aventurine is beneficial to work with to enhance creative inspiration, and supports one from imagining to actualizing. It is also an effective crystal for people who have trouble drawing love into their life as it opens the heart to giving and receiving love.

CHAKRAS: HEART

A close-up photograph of several rough, faceted pink opal crystals. The stones have a translucent, milky pink color with some darker, more saturated areas. They are arranged in a cluster, with some showing sharp edges and others more rounded. The lighting is soft, highlighting the natural texture and color variations of the opals.

PINK OPAL

HEALING • LOVE • SLEEP

Pink Opal is known as the 'Stone of Spiritual Awakening'. It is a powerful stone for healing emotions, especially those associated with subconsciously held pain. It aids in healing matters of the heart, and is particularly helpful for anyone experiencing a relationship breakdown or grieving the loss of a loved one. Pink Opal is an excellent sleeping aid due to its ability to calm and soothe the entire body. It is highly effective for people who suffer from excessive fear or anxiety, as it allows them to become more emotionally centered, stable, and calm.

CHAKRAS: HEART

A close-up photograph of several rough, faceted pink tourmaline crystals. The crystals vary in size and shade, ranging from light pink to deep magenta. They are set against a dark, blurred background, making the stones stand out.

PINK TOURMALINE

COMPASSION • LOVE • HEALING

Pink Tourmaline is a stone of love, compassion, and humanitarianism. It is an excellent stone for healers, therapists, and counselors as it allows them to better connect with their patients. It enhances the qualities of understanding, gentleness, and wisdom. Pink Tourmaline is recommended to be worn by those who have difficulty dealing with fear or who experience frequent panic attacks as it helps calm the emotions in times of distress. It promotes a peaceful sleep and provides comfort to those who are experiencing any form of trauma, heartbreak, or loss.

CHAKRAS: HEART

A close-up photograph of a Polychrome Jasper stone, showing a vibrant mix of orange, red, and yellow hues with some green and blue mineral inclusions. The texture is granular and crystalline.

POLYCHROME JASPER

VITALITY • ACTION • GROUNDING

Polychrome Jasper is a rare and relatively new stone that combines the energies of Fire and Earth, creating a unique energy that embodies action, passion, and enthusiasm. Its healing energies will light new paths, helping one discover new approaches to their heart's truest desires. It clears energy blockages in all the chakras, enabling rebirth and transformation. It is recommended that one meditates with this stone in nature to deepen their connection with Mother Earth. It brings a powerful energy of protection and grounding, helping one feel secure, safe, and purposeful.

CHAKRAS: ALL

PREHNITE

INNER PEACE • MEDITATION • SPIRITUAL GROWTH

Prehnite is a stone of unconditional love. It induces a deep meditative state and facilitates communication with angels, spirit guides, and our higher self. It promotes lucid dreaming and aids in dream recall. It has a strong connection with Mother Earth, making it a very healing, grounding, and centering stone. It helps one remain in the present moment and is recommended to be worn or carried by anyone who suffers with anxiety, an overactive mind, and restlessness. It encourages one to have faith in the universe and trust in the divine timing of their life.

CHAKRAS: SOLAR PLEXUS, HEART



PYRITE

WILLPOWER • MANIFESTATION • AMBITION

Pyrite carries powerful vibrations of strength, willpower, and protection. It stimulates the solar plexus chakra and imparts an immediate increase in vitality and motivation. It encourages one to eliminate negative habits and establish new, positive behaviors and routines that will benefit them in the long term. It enhances mental clarity, sharpens focus, and stimulates creativity and imagination. It forms a protective shield around the wearer, guarding them from negativity. Pyrite has long been recognized as a stone of good luck, and is said to attract abundance and prosperity to the wearer.

CHAKRAS: SOLAR PLEXUS

A close-up photograph of several pieces of rainbow fluorite crystals. The crystals exhibit a variety of colors including deep blues, greens, yellows, and oranges, with some showing iridescent sheen. They are cut into different shapes, including a large, clear, faceted piece in the center.

RAINBOW FLUORITE

ORGANIZATION • SELF-DISCIPLINE • FOCUS

Rainbow Fluorite is a powerful stone for activating and cleansing all the chakras. It promotes mental focus, clarity, and helps one organize their thoughts. It is an ideal stone for overcoming procrastination and disorganization, and is effective for increasing thoughts, ideas, and concentration. It helps one absorb new information quickly and efficiently, and improves memory retention. It is also an excellent stone for maintaining self-discipline and helping one incorporate structure and routine into their daily lives.

CHAKRAS: ALL

RAINBOW OBSIDIAN

PROTECTION • RECOVERY • EMOTIONAL HEALING

Rainbow Obsidian is a stone of transformation and spiritual awakening. It takes one on a journey into the depths of the subconscious mind, helping one resolve past issues and heal emotional wounds. Working with Rainbow Obsidian helps one gently release suppressed emotions that are preventing them from moving forward. It has a nurturing and loving vibration, and is recommended to be worn by anyone experiencing a broken heart. It absorbs negative energy from the aura, making it important that this stone is regularly cleansed.

CHAKRAS: ROOT

RED AVENTURINE

ENERGY • PHYSICAL HEALING • ENTHUSIASM

Red Aventurine is a stone of manifestation and abundance. It encourages one to take action to achieve their goals and stay committed, despite any setbacks or challenges. It is an energizing stone that boosts motivation and enthusiasm, and is effective for combating fatigue, mental fog, and lethargy. It inspires creativity and encourages one to tackle their goals and desires with a fearless and optimistic mindset. Physically, Red Aventurine is believed to be effective in reducing lower back pain, treating autoimmune disorders, and stimulating the production of red blood cells.

CHAKRAS: SACRAL, ROOT

RED JASPER

HEALING • NURTURING • STABILIZING

Red Jasper is an ancient and sacred stone that has a deep connection to Mother Earth. It imparts courage, strength, and resilience during times of stress. It has a gentle and supportive energy that can help calm and stabilize one's emotions and balance any aggressive energy. It promotes a sense of justice and helps one stand up for what is right. Red Jasper is said to enhance memory, especially when it comes to recalling our dreams. Physically, Red Jasper is believed to increase libido, promote fertility, and provide support to those who are recovering from an illness or injury.

CHAKRAS: ROOT

The top half of the image features a close-up, macro shot of a rhodochrosite crystal. The stone has a rich, warm red color with intricate, concentric, and swirling patterns of lighter, golden-brown and orange hues, creating a complex, organic texture. The lighting highlights the natural veining and mineral inclusions of the stone.

RHODOCHROSITE

PEACE • ACCEPTANCE • HEALING

Rhodochrosite is a stone of compassion, love, and self-acceptance. It gently brings repressed feelings to the surface so that one can heal their emotional wounds and move forward. It promotes inner peace, forgiveness, and personal growth. Rhodochrosite can cleanse, soothe, and heal the heart chakra, and is particularly beneficial for people who are experiencing heartache. It calms and rebalances the nervous system and promotes feelings of deep relaxation, making it a great support stone for those who are emotionally overwhelmed.

CHAKRAS: HEART, SOLAR PLEXUS

A close-up photograph of a Rhodonite stone, showing its characteristic pink and black marbled pattern. The stone's surface has a rough, crystalline texture with veins of dark, almost black, material running through a lighter pinkish-red base.

RHODONITE

GRATITUDE • COMPASSION • GENEROSITY

Rhodonite is a stone of gratitude, love, and compassion. It promotes acceptance and forgiveness of oneself and others, and dissolves any feelings of fear, resentment, and self-doubt. Rhodonite has a joyful and uplifting energy that encourages one to engage in behaviors that help others in need. It can assist one in appreciating everything they have in life, as well as discovering their true passion and learning new skills. It can be a great companion for anyone experiencing depression and anxiety due to its soft, nurturing energy.

CHAKRAS: HEART, ROOT

ROSE QUARTZ

LOVE • COMPASSION • KINDNESS

Rose Quartz has long been recognized as a stone of unconditional love. It carries a soft feminine energy and helps one raise their self-esteem. Rose Quartz cleanses the heart chakra, allowing vibrations of love to flow freely without fear. It opens the heart at all levels to promote self-love and acceptance of oneself and others. It promotes healthy and harmonious relationships of all kinds, and can be effective for attracting new love. Rose Quartz strengthens empathy, patience, compassion, and sensitivity, and is also said to be helpful to aid the acceptance of necessary change.

CHAKRAS: HEART



RUBY ZOISITE

HOPE • GRATITUDE • PEACE

Ruby Zoisite offers energies of happiness, abundance, vitality, and personal growth. It stimulates and opens the heart chakra, and inspires one to live with greater joy, compassion, and gratitude. Ruby Zoisite helps one remain in the present moment and learn from every experience. It can help one let go of any fear, doubt, and anxiety. Ruby Zoisite soothes emotional pain associated with grief, anger, and despair. It is a particularly helpful stone for anyone who is grieving the death of a loved one or fearing for their own death by helping one stay calm, hopeful, and peaceful.

CHAKRAS: ROOT, HEART, THIRD EYE

SCOLECITE

PEACE • BALANCE • SLEEP

Scolecite is a stone of inner peace and tranquility. It is ideal for use in healing sessions or meditation due to its ability to induce a state of deep relaxation. It enhances the dream state and stimulates intense lucid dreaming. It is one of the most effective stones for aiding communication with spirit guides and angels. Scolecite is recommended for introverts and empaths, as it can help them recharge after spending time in high-energy environments. It calms and stabilizes the emotions, making it an effective stone for anyone who is prone to panic attacks in large crowds.

CHAKRAS: THIRD EYE, CROWN

SELENITE

PROTECTION • CLARITY • PEACE

Selenite is a powerful stone with a very fine vibration. It opens and stimulates the crown and higher crown chakras. It purifies and cleanses the aura, and protects one from negative influences. It instills deep peace, making it highly effective in meditation or spiritual work. Selenite assists spiritual insight, clears mental confusion, and aids one in seeing the deeper picture. It can be used to form a protective grid around a house, creating a safe and quiet space that does not allow outside influences in. It can also be placed in a workplace to ensure a calm and peaceful atmosphere.

CHAKRAS: THIRD EYE, CROWN, ETHERIC



SEPTARIAN NODULE

COMMUNICATION • ACTION • GROUNDING

Septarian Nodule is composed of Aragonite, Calcite, and Limestone. It activates the root chakra and deepens one's connection to Mother Earth. It is believed that one may experience an inner awakening when working with this stone, driving a drastic and sudden change in forming new, positive habits and behaviors. Septarian Nodule is believed to improve the balance of the mind, body, and spirit, ensuring peace and harmony in all aspects of one's being. It is also used to enhance and nurture communication on all levels, particularly in large group settings.

CHAKRAS: ROOT



SERAPHINITE

SELF-HEALING • ANGELIC CONNECTION • BALANCE

Seraphinite is also known as the 'Angel Stone' due to its unique white markings that resemble angel wings. It holds a great deal of spiritual energy and facilitates contact with the angelic realm, nature spirits, and the Divine Feminine. It can realign the entire chakra system and clear energy blockages in the meridians. It helps one redefine their sense of purpose, and gently release old emotional patterns that are no longer serving them. It is also said to be a powerful stone for physical healing, particularly cellular regeneration, and promotes feelings of wholeness and well-being.

CHAKRAS: ALL

SERPENTINE

KUNDALINI AWAKENING • NATURE • SPIRITUALITY

Serpentine is one of the best stones for stimulating the kundalini energies. It is a powerful healing stone that promotes deep personal transformation. It is recommended that Serpentine is placed on the meridian points to clear energy blockages and allow a healthy flow of energy to radiate through the body. Serpentine is a very grounding stone that has the ability to deepen one's connection with nature and help them better understand their place in the universe. It is also a powerful tool for manifestation, helping one turn their dreams into a reality.

CHAKRAS: ALL

SHUNGITE

PURIFICATION • DETOXIFICATION • PROTECTION

Shungite is a rare and powerful purification stone. It removes toxins from the body, and supports the immune and lymphatic systems. It clears and reinvigorates each chakra, extending through the body from the root chakra upwards. It improves mental clarity and purifies one's emotions, thoughts, and intentions. Shungite is capable of clearing the energy of an entire room and offers protection against outside forces, particularly counteracting the harmful effects of electromagnetic fields and radiation from electronic devices.

CHAKRAS: ROOT

SMOKY QUARTZ

GROUNDING • CALMNESS • RELAXATION

Smoky Quartz is one of the most powerful grounding stones available. It facilitates a deep connection to the energy of the Earth and is a gentle companion during times of stress. It encourages one to focus on solutions to problems, rather than dwell on their current emotional state. Smoky Quartz clears away negative thoughts and feelings of hopelessness, making it an effective stone for anyone suffering with depression or anxiety. It is also said to relieve chronic pain, muscle cramps, migraines, and tension of the shoulders and back.

CHAKRAS: ROOT



SODALITE

CALMING • CREATIVITY • SLEEP

Sodalite is a crystal that brings order and calmness to the mind. It promotes emotional balance, eases insomnia and anxiety, and calms panic attacks. Sodalite improves one's self-esteem and acceptance of themselves. Insecurities are often eliminated when one works with Sodalite on a consistent basis, as it will restore one's confidence in their unique talents and abilities. It enhances creativity and imagination. It can also be placed in a group setting, such as an office, to promote harmony, cooperation, and teamwork.

CHAKRAS: THIRD EYE

SUGILITE

SELF-ACCEPTANCE • HEALING • PROTECTION

Sugilite is a powerful stone of the Purple Ray. It promotes emotional healing and is recommended to be worn by empaths and those who feel alienated and alone. It is also an effective stone for those who have autism, paranoia, or schizophrenia as its loving and nurturing energy encourages positive thoughts and self-acceptance. It is a highly protective stone and shields one from psychic and spiritual attacks. It eases insomnia due to its calming effect on the mind. It is also said to reorganize brain patterns that underlie learning difficulties, making it effective for those with dyslexia and ADHD.

CHAKRAS: THIRD EYE, CROWN, ETHERIC

SUNSTONE

OPTIMISM • JOY • HARMONY

Sunstone has a bright, positive energy that aligns the mind, body, and spirit with its highest vibrations. Associated with the Sun, Sunstone has an uplifting energy that can bring passion, enthusiasm, and creativity back into one's life when they have lost touch with those feelings. It encourages one to take action and create positive habits and routines. Sunstone facilitates self-empowerment and independence, and is particularly helpful to those who have difficulty setting boundaries with others. It increases self-esteem and confidence, and encourages an optimistic worldview.

CHAKRAS: SOLAR PLEXUS

SUPER SEVEN

TRANSFORMATION • CLARITY • PURIFICATION

Super Seven is a rare mineral with seven crystals in one. These include Amethyst, Cacoxenite, Goethite, Lepidocrocite, Rutile, Smoky Quartz, and Quartz. Due to its high frequency, Super Seven does not require cleansing and can assist the cleansing of other crystals and the environment they are placed in. Meditating with this stone can help one access their higher purpose and attune their energy to celestial beings. It aids in dispelling illusions in all areas of life. It is also said to help one cleanse and heal from past-life trauma, and help one find solutions regarding matters of the heart.

CHAKRAS: ALL

A close-up photograph of a Tiger Eye crystal, showing its characteristic wavy, fibrous patterns in shades of golden yellow and brown. The texture is smooth but has a natural, organic feel.

TIGER EYE

CONFIDENCE • WILLPOWER • VITALITY

Tiger Eye carries the energies of a combination of Sun and Earth elements, making it a powerful stone of both grounding and energizing vibrations. It enhances focus and willpower, giving one the courage to step out of their comfort zone and take action to achieve their goals. It amplifies the energies of other crystals as well as one's intentions, making it a powerful manifestation tool. Tiger Eye can help one feel self-empowered and reduce the need for approval from others. It gives one confidence in their own abilities and the strength to overcome setbacks.

CHAKRAS: ROOT, SOLAR PLEXUS



TOURMALINE QUARTZ

BALANCE • GROUNDING • HEALING

Tourmaline Quartz combines the powerful properties of Clear Quartz and Black Tourmaline. Tourmaline protects one from all kinds of negativity, while Quartz purifies and amplifies the energy of the Tourmaline, resulting in a more grounded and balanced emotional state. It cleanses the aura, restores balance to all the chakras, and clears any stagnant energy. Tourmaline Quartz enhances mental clarity and is helpful for those who need help remaining on their spiritual path, particularly those who have deviated to engage in harmful and negative behaviors.

CHAKRAS: THIRD EYE

A close-up photograph of a turquoise crystal, showing its characteristic mottled texture and vibrant blue-green color. The crystal is set against a dark, possibly black, background.

TURQUOISE

CALMNESS • PURIFICATION • COMMUNICATION

Turquoise has a soft, gentle, and comforting energy. It dispels negative energy and can be worn to protect against outside influences or pollutants in the atmosphere. It aligns all the chakras, promotes an optimistic attitude, and instills a deep sense of inner peace. Turquoise is said to be an effective crystal for those suffering with depression, panic attacks, or social anxiety. It is recommended to be worn by those who fear public speaking as it promotes calmness and clear communication. It encourages us to speak from a place of love and truth, both with ourselves and others.

CHAKRAS: THROAT



UNAKITE

LOVE • ACCEPTANCE • GRATITUDE

Unakite has a gentle energy that promotes feelings of gratitude and helps one see the beauty in life. It calms the nervous system, particularly during times of anxiety and stress. Unakite works to remove obstacles to one's personal growth, especially releasing any emotional pain, resentment, and anger. Its powerful vibration within the heart chakra can help one develop greater acceptance and love towards themselves and others. It clears blockages within the heart and releases all thought patterns, behaviors, and past hurts that have been holding one back in life.

CHAKRAS: HEART

WHITE HOWLITE

CALMNESS • MEDITATION • SLEEP

White Howlite is an extremely calming and soothing stone. It is beneficial for those who suffer with insomnia as it quiets the mind, helping one experience a peaceful sleep. It also enables one to enter a deep meditative state. White Howlite helps relax the entire body and releases muscle tension. It can be used to facilitate a higher state of spiritual and emotional self-awareness. It encourages calm communication with others, and eliminates feelings of frustration, impatience, and anger. It also brings greater gentleness, empathy, and compassion when dealing with others.

CHAKRAS: CROWN

A close-up photograph of several dried white sage leaves. The leaves are light beige or off-white, with a slightly textured, papery appearance. They are arranged in a way that shows their characteristic shape, which is somewhat rounded with a pointed tip and a slightly wavy edge. The lighting is soft, highlighting the natural texture of the dried plant material.

WHITE SAGE

PURIFICATION • PROTECTION • CLEANSING

White Sage has long been considered a sacred, cleansing, purifying, and protective plant. It is often burned in a ritual known as smudging. Smudging is a cleansing ceremony used to rid a person, space, or object of negative energies, spirits, or influences. White Sage emits negative ions, while our aura holds positive ions. Through the smudging process, one can neutralize their aura or the energy of other spaces or objects to cleanse and renew. Studies have shown that White Sage can also boost memory and mental clarity, improve air quality, and decrease stress.

CHAKRAS: CAN CLEANSE ALL CHAKRAS

YELLOW JADE

OPTIMISM • ENTHUSIASM • PROSPERITY

Yellow Jade is associated with the Sun and symbolizes wisdom and optimism. It brings energies of self-confidence, motivation, and enthusiasm, and inspires one to set goals and constantly work to achieve them. Yellow Jade is a crystal that attracts good luck and prosperity in life, and helps one achieve their financial goals. It promotes emotional stability, and brings balance and harmony to all relationships. Physically, Yellow Jade is said to boost metabolism, eliminate fatigue, and improve poor digestion. It is helpful in reducing stress levels and promoting a healthy work-life balance.

CHAKRAS: SOLAR PLEXUS

YELLOW JASPER

SELF-CONFIDENCE • PERSEVERANCE • OPTIMISM

Yellow Jasper is an energizing and uplifting stone. It promotes enthusiasm and joy, and is recommended for anyone who needs a positive boost of energy. Yellow Jasper is a stone of the intellect and encourages us to be life-long learners. Its slow and steady vibration promotes self-discipline and perseverance, and encourages one to complete tasks that they have been delaying. It can also help one build positive friendships with like-minded individuals. Physically, Yellow Jasper is said to ease stomach pain, digestion issues, and nausea.

CHAKRAS: SOLAR PLEXUS



CINNABAR

SELF-DISCOVERY • MANIFESTATION • WEALTH

Cinnabar is also known as the 'Merchant Stone' as it is said to attract wealth and prosperity to the wearer. It is a powerful stone for manifestation of one's desires and is often used in magic and spiritual alchemy work to affect the transformation of energy. It deeply stimulates the third eye chakra and enhances one's ability to visualize their desired future. Cinnabar is a powerful transformation stone that encourages one to take control of their actions and become more aligned with their higher self. It is also believed to be effective in treating infertility and sexual dysfunction.

CHAKRAS: ROOT, SACRAL, THIRD EYE



FIRE AGATE

SEXUALITY • VITALITY • CREATIVITY

Fire Agate is a rare and unique stone associated with passion, creativity, and motivation. It increases personal power and encourages one to take decisive action to achieve their goals. It dispels self-doubt and fear, helping one reconnect with their deepest desires in life. It encourages self-expression and is helpful in overcoming creative blocks. It aids in eliminating self-sabotaging behaviors, particularly procrastination. It gives one the courage to take risks and have confidence in their abilities. It is also said to be effective in treating lethargy, depression, and low libido.

CHAKRAS: ROOT, SOLAR PLEXUS

GOLD

CONFIDENCE • HEALING • ABUNDANCE

Gold is often referred to as a 'Master Healer' and is effective for purification of the physical body. It has long been recognized as a symbol of abundance, power, wealth, and prosperity. Wearing Gold can infuse one with confidence, endurance, and willpower. It has a harmonizing effect on the mind, body, and spirit. Gold alleviates tension and stress, and is said to be effective in amplifying positive feelings. Physically, Gold is believed to improve blood circulation, boost the immune system, aid in the absorption of vitamins and minerals, and provide pain relief.

CHAKRAS: ALL



GOSHENITE

AWARENESS • MENTAL CLARITY • LOYALTY

Goshenite is a very high vibrational stone that deeply stimulates the third eye and crown chakras. It enhances mental clarity, concentration, and analytical abilities. It is a stone that promotes self-discipline, determination, and perseverance, making it beneficial for those who have trouble seeing projects through to the end. Goshenite promotes love and loyalty in relationships. It facilitates open and honest communication, and aids in resolving misunderstandings with others. It is also said to enhance the power of prayer and aids one in calling on their angels and spirit guides.

CHAKRAS: THIRD EYE, CROWN, ETHERIC

JET

GROUNDING • LUCK • PURIFICATION

Jet is a high vibration stone with powerful purification, grounding, and protection properties. It cleanses the aura of disharmonious vibrations and forms a protective shield around the wearer. It quickly absorbs negative energy, making it important that this stone is regularly cleansed. Jet is a gentle companion for anyone healing from grief, trauma, or depression. Physically, Jet is said to provide pain relief, alleviate migraines, and ease menstrual cramps. It has also long been recognized as a stone of good luck, making it a great gift for anyone starting a new endeavor.

CHAKRAS: ROOT

LITHIUM QUARTZ

RELEASE • INNER PEACE • HEALING

Lithium Quartz has a very powerful healing energy that resonates with all the chakras. It contains small inclusions of Lithium, a mineral which is often used in the treatment of depression and anxiety. It has a comforting and calming vibration that soothes feelings of tension, fear, and panic. It gently brings suppressed emotions to the surface, allowing one to acknowledge past trauma and release negative attachments. It is believed to be effective in stabilizing mood swings, calming an overactive mind, and promoting a deep, restful sleep.

CHAKRAS: ALL

MAHOGANY OBSIDIAN

STRENGTH • GROUNDING • PROTECTION

Mahogany Obsidian is a unique form of Obsidian containing small inclusions of Magnetite or Hematite. It is a deeply grounding stone that activates and cleanses the lower chakras, removing any blockages and residue from old wounds. It promotes personal growth and releases one from their self-imposed limitations that prevent them from following their life purpose. It enhances creative energy and encourages self-expression. It is also a very protective stone and shields one from negative energy and psychic attack.

CHAKRAS: ROOT, SACRAL, SOLAR PLEXUS

A close-up photograph of a Rainbow Pyrite crystal, showing its characteristic iridescent colors of purple, pink, orange, and yellow. The title 'RAINBOW PYRITE' is overlaid in large white capital letters.

RAINBOW PYRITE

PSYCHIC DEVELOPMENT • ACTION • FOCUS

Rainbow Pyrite is a relatively new crystal that was recently discovered in Russia. It promotes optimism and helps keep one free from feelings of frustration, anxiety, and self-doubt. Rainbow Pyrite is a protective stone that shields the aura from negative energy. It helps one manifest what they need to bring their projects into reality and is an excellent support for those who tend to procrastinate or hesitate to take action. Rainbow Pyrite supports the creative flow of ideas and concepts, and helps improve memory and concentration. It is also believed to aid psychic development.

CHAKRAS: SOLAR PLEXUS, THIRD EYE



SHIVA SHELL

INTUITION • NURTURING • TRANSFORMATION

Shiva Shell opens and activates the third eye chakra. It is believed to enhance intuition and promote wisdom, helping one to better understand themselves and their place in the world. It has long been recognized as a divination and transformation tool which can assist one in finding a new path towards success in life. It is said to improve concentration and mental clarity, and is also beneficial to aid one's understanding and recall of their dreams. Shiva Shell has an uplifting and joyous energy that awakens a sense of adventure and change.

CHAKRAS: THIRD EYE

SILVER

INTUITION • BALANCE • PROTECTION

Silver is associated with emotions and the psychic mind. It is believed to increase sensitivity, expand one's psychic awareness, and strengthen intuition. Associated with the Moon, Silver is said to enhance the powers of the Moon, particularly during full and new moon cycles. It is also believed to energize other stones and amplify their qualities. Silver is said to attract wealth, prosperity, and abundance to the wearer. It brings peace, calmness, and purity, and enhances qualities of patience and perseverance. It is also a very protective mineral that deflects negative energy from the wearer.

CHAKRAS: ALL